

IRD Duhallow

**SPECIAL
POINTS OF IN-
TEREST:**

**ENTERPRISE
WORKING
GROUP**

**ALDWORTH
EXHIBITION**

**EUROPEAN
ELECTIONS**

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APRIL 2014

Enterprise Working Group

Tourism Networking Night

On Tuesday the 22nd of April the Enterprise Working Group will host a 'Speed Networking Night' at 7.30pm in the James O'Keeffe Institute for Tourism Providers in Duhallow. Meet the faces that are involved in tourism and services in the area and see how you can support one another this summer season. **For further information contact Louise at 029-60633.**

IRD Duhallow Mentoring Programme

Thinking of starting up a business? Then, why not avail of advice and guidance from the mentors on the IRD Duhallow mentor panel. The programme is open to start up or existing businesses within Duhallow. Receive independent advice and guidance from expert business consultants. Businesses can receive up to 10 hours one to one mentoring time with an experienced advisor and its entirely free!!! The 10 hours mentor time will be maximised using business analysis to identify the areas most in need of addressing. Between sessions participants will carry out project work to implement agreed solutions. For further information visit the website: www.irdduhallow.com/duhallow-enterprise/mentoring or **Contact Louise at 029-60633.**

Irish Local Development Network - ILDN

Thanks to those who have signed our petition so far.

Please share with family and friends

'Like' and 'share' our links to the petition on facebook; https://www.facebook.com/theildn/posts/703380516350606?stream_ref=10

'Retweet' us on twitter; <https://twitter.com/thelLDN/status/442280046594895872>

Please note that when signing the petition a 'donation box' may appear – just click the 'x' on the donation box and your signature will still be counted – this appears as the petition is a free service so they try to collect donations.

ALDWORTH EXHIBITION

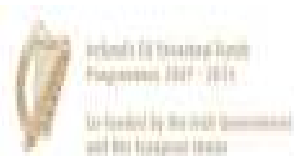
Duhallow Ancestry, a sub-group of IRD Duhallow, opens a special exhibition, "*The Aldworth Family of Newmarket Court – Their Influence and Contribution to Life in Duhallow and Beyond*".

The exhibition addresses themes around the landed society in Duhallow with a focus on the historical genealogical framework of the Aldworth Family, from their arrival in Cork in the early 17th century to their departure during the War of Independence. The exhibition highlights both common and little known facets of the Aldworths' fascinating history, intertwined with the social, agricultural and economic development of Newmarket.

The exhibition is open to the public from Friday 16th May at the James O'Keeffe Institute, Newmarket. For more information, or for registration, call Peter or Evelyn at IRD Duhallow on 029-60633.

Duhallow Arenas Re-Opened

The Duhallow Arenas (situated adjacent to the James O'Keeffe in Newmarket) have recently been re-opened and are available for hire for all equestrian related events at a rate of €20 per hour. Become a key holder for €150 (April – December), which will allow full access to the arenas. A full set of show jumps can also be made available. **For further details or information contact Louise on 029-60633.**



Employment and Training Working Group

Life Skills - Programme to help you deal with Life's Challenges

IRD Duhallow in conjunction with Aware are seeking to run a six week programme which is aimed at individuals who are experiencing mild to moderate forms of stress, anxiety or depression. At each life skills session, participants can learn how to manage their feelings when they are stressed, worried or depressed, and learn simple and practical skills to help them cope with life's challenges. This programme is subject to having sufficient participants and we are asking all interested participants to register with us. **To register or for further information please don't hesitate to contact Peter at 029-60633.**

Intermediate Computers

IRD Duhallow's Employment and Training Working group is seeking to provide training for people who may have completed basic computer training and who want to upskill in this area. It is envisaged that participants will learn in more detail about Information Technology, Data Entry/Keyboard, Word Processing using the Internet and File Management. This training is subject to interest. **For further information or to register interest, please contact Peter or Alex at 029-60633.**

Youth and Education Working Group

Newmarket Afterschools Operates a daily service from 2pm - 6pm for children attending Newmarket and Lismire School. Currently transport is available from these two schools. A warm nutritious home cooked dinner is provided along with homework support daily. IRD Duhallow offers a **tiered pricing system** enabling families in receipt of a social welfare payment to receive a reduction in price. Parents have the flexibility to book a place only when required. **If you are interested in sending your child to the Afterschools please contact Helen at 029-60633.**

Easter Camps

IRD Duhallow will be running its **Little Chefs Easter Camp** from **Monday 14th – Friday 18th April and Tuesday 22nd – Friday 25th April** from **10am -2pm** for all primary school aged children.

Children will have an opportunity to have some fun while learning to bake, to grow vegetables and art and crafts. Places are limited for this camp. Due to the success of the camps in 2013 early booking is advisable. **To book a place please contact Helen at 029-60633.**

Duhallow Angling Centre of Excellence

The Duhallow Angling Centre of Excellence will be hosting a series of **Angling Masterclasses** throughout 2014. The masterclasses will include all modern day angling tactics such as nymphing and will include insect recognition, leader set up, and will also include dry fly methods. Some of the best exponents of modern day fly fishing will be on hand to teach and to offer advice as well as giving demonstrations on fly dressing.

The first of these classes will begin in late April and will continue on various dates throughout the season. **Classes will be available for children and adults of all angling ability.** Anyone wishing to book a place on any of our Masterclasses should **contact Tom Ankettell at the Duhallow Angling Centre of Excellence on 086-0827484.**

Angling classes for beginners are always available and can be arranged by contacting the Angling Centre of Excellence.

Duhallow Area Rural Transport

Duhallow Area Rural Transport (DART) is delighted to announce that there is some funding available to schools and youth groups for trips which will occur before 30th June 2014. All transport must be booked through DART and funding will be allocated on a first come, first served basis. **For more information, please contact Yvonne at 029-60633.**

Warmer Homes Scheme

Calling all Householders - Free Insulation Service

If you are in receipt of one of the following payments you will now be eligible to receive insulation services free of charge : Fuel Allowance **Or** Family Income Supplement **Or** Job Seekers Allowance (for more than 6 months and have children under 7 years of age). **Houses must be owner occupied and constructed before 2006.**

Contact IRD Duhallow Warmer Homes at 029-60633.

Duhallow Carers Group

The Duhallow Carers group will meet on **Thursday 3rd of April at 8pm in the James O'Keeffe Institute.** Do you want to meet with someone else who is caring for someone? Have a friendly chat and gain advice from those in similar circumstances. All carers welcome. **For further information contact Louise at 029-60633.**

Equality Working Group

Voting Information Seminar on European Elections

IRD Duhallow in conjunction with the Vincentian partnership host an information night on the upcoming European Election on **Wednesday 9th of April in the James O’Keeffe Institute at 7pm**. This event is particularly targeted towards non-nationals who are European citizens who may not have voted in elections previously. Information will be provided on the night on the upcoming election and will look at what people should consider when choosing a candidate. This information night will also examine other areas about the E.U such as how it is governed. Registration for this event is essential. To book a **place or for more information please contact Peter or Alex at 029-60633**.

Spotkanie Informacyjne na Temat Wyborow Europejskich

IRD Duhallow we współpracy z **Vincentian Partnership for Social Justice** zaprasza na spotkanie na którym dowiedzieć się można będzie dlaczego warto głosować? Jak to zrobić? Na kogo oddać swój głos w nadchodzących Wyborach Europejskich. Spotkanie odbędzie się w **ŚRODĘ 9 kwietnia w Instytucie James O’Keeffe w Newmarket** o godzinie **19tej**. Zadzwoń pod numer 029-60633 do Peter’a albo Oli i uprzedź nas ze będziesz!

PAL

The PAL Group is currently taking expressions of interest in participating in a **Separation support programme called ‘Children in the Middle.’** The programme is a world recognised Parenting Educational Programme specialising in providing effective tools for separated, divorced, or never married parents and equips parents to support their children through separation / divorce. **Express an interest today by contacting Louise at 029-60633.**

The PAL Group is organising an evening in **Basic Car Maintenance!** Learn the fundamentals of what’s needed to keep your car running, checking the water, the oil, how to change a tyre and much more! It will take place on **Monday 28th April** at 7.30pm in the James O’Keeffe Institute. **To register contact Louise at 029-60633 / email duhallow@eircom.net**

Cancer Care Support

IRD Duhallow is interested in establishing a support service for people who are going through cancer as well as their family members or for those who have lost a love one from cancer. This informal session will give people the opportunity to share their experiences and communicate with one another over a cup of tea in a comfortable environment. All are welcome. **For further information and to register your interest please contact Helen at 029-60633.**

Volunteer Training

IRD Duhallow is calling on those interested & willing to volunteer with IRD Duhallow on its Domestic Violence, Bereavement Support and Care & Repair Programme.

A training programme will commence this coming month for all new volunteers. These three services require volunteers to be able to give of their time freely, maintain confidentiality, and respect the privacy of the users of the services.

If you feel you can bring something to this service please contact Helen at 029-60633.

ALCOHOLICS ANONYMOUS - Closed meeting of Alcoholics Anonymous is held in the James O’Keeffe Institute, Newmarket every Sunday morning at 11.30am and Thursday night at 8.30pm.

AI ANON If you are affected by somebody else’s drinking, come and hear the experience of others at the James O’Keeffe Institute, Newmarket, every Thursday night at 8.30pm.

MABS An Outreach Clinic is available in the James O’Keeffe Institute, Newmarket. Contact the MABS Mallow Office to arrange an appointment **Tel. No: 076-1072440.**

Cultural Diversity & Integration in Kerry

Poster Competition 2014

The Kerry Integration Implementation Group is launching a competition to design a poster to promote Cultural Diversity and Integration in Kerry. Just over one in ten of the population in Kerry are non-Irish nationals and the aim of the campaign is to raise awareness of the rich cultural diversity that exists in Kerry and the opportunities this can bring to our communities. This amateur competition is open to all and we invite you to submit captioned posters using graphic design, photos, prints, graphic art etc. that demonstrate the themes of Cultural Diversity and Integration in Kerry. Both the caption and the poster must reflect the Cultural Diversity and Integration theme.

Prizes: 1st -€500, 2nd- €300, 3rd -€200

- All 3 winning posters will be used in countywide awareness raising campaign
- Short listed entries will feature in a countywide exhibition which will travel to venues throughout Kerry from May to December 2014.

Closing Date is 17th April 2014

Full details @ www.kerrycoco.ie/kerryintegration

Bereavement & Loss Support

If you find that the intensity of loss is unsettling, causing you undue grief and sadness, there is help at hand. The Bereavement Support Group consists of a group of trained volunteers who provide a **free confidential service** to people who have experienced a loss in their lives whether it is loss through death, separation, divorce, job loss etc.

This is not a counselling service but a friendly and supportive listening service. A trained volunteer currently meets in a one to one setting at a time suitable to both parties. To make an appointment please call **087-6279000.**

SAOI Network

Using Your Android Tablet - Expressions of interest are currently being taken for a training programme for individuals wanting to learn how to use their android tablet! Tablets are the computers of the future! Learn how to do the basics including the fundamentals of working your tablet, downloading from the app store, and useful apps that you can use in your daily life. The training course will be geared towards older learners and will be at a basic level. **Express an interest today by contacting Louise at 029-60633 / email duhallow@eircom.net**

Kanturk ARA - An Actively Retired Group for Kanturk is currently being established with the support of the SAOI Network. If you are interested in becoming involved in this social group, going on trips and outings, and meeting regularly for activities then this is for you! **For further information contact Louise at 029-60633.**

SAOI Network Mystery Tour - A mystery tour is being organised as part of the Bealtaine Activities on the 20th of May. This trip is a full day trip and is aimed at older people looking to have a great day out and celebrate Actively Ageing. The destination ... is UNKNOWN! Find out when you get there. **For further information and registration contact Louise at 029-60633.**

Agriculture Working Group

Tractor Driving for Teenagers

IRD Duhallow are organising a "**Tractor Driving for Teenagers**" one day training course to teach teenagers how to operate and drive a tractor safely. Teaching the correct safety procedures to young people is essential to making them safer on farms when operating machinery particularly during the summer months. The one day training will incorporate an introduction to Basic First Aid, Tractor Driving Theory and Practical Driving Skills. The training is targeted at teenagers between the ages of 13-16 years and they must have some tractor driving experience. **In order to book a place or to receive further information please contact Katie at 029-60633.**

KANTURK FARMERS MARKET, which is located at the rear of Twohig's Supervalu takes place every Thursday and Saturday from 10.30am-2.30pm. Each week at our Market you will find a fine range of fresh local produce. Watch out for our special 10% discount days. New Stallholders Welcome **for further information please contact Katie at 029-60633.**

GIY Duhallow - The April Meeting of GIY Duhallow will take place on **Tuesday 29th April commencing at 7.30pm.**

Environment Working Group

A Trip to the Antarctic – Jim Wilson

IRD Duhallow Bird Watch Group are delighted to welcome Jim Wilson to the James O'Keeffe Institute Newmarket on **Tuesday the 8th April 2014**. Jim has recently returned from ten weeks in Sub-Antarctica and Antarctica and will be sharing his photographs, experiences and knowledge of this vast continent and it's amazing bird and wildlife. Jim is a wildlife writer, international wildlife tour guide, broadcaster and filmmaker. He is a former chairman of Birdwatch Ireland and a former director of the Irish Whale and Dolphin Group. He established BirdWatch Irelands long running Garden Bird Survey in 1987 and is a regular contributor to the Mooney Show on RTÉ Radio 1. Jim's publications include the best-selling Irelands Garden Birds (2008) and The Birds of Ireland (2013). The seminar will commence at 7.30pm and registration is advisable. **For further information please contact Katie at 029-60633.**

Community Development Working Group

National Spring Clean

An Taisce's National Spring Clean is now in its 16th year and will run from the 1st to the 30th April and is Irelands biggest anti litter campaign. Free Clean Up Kits are available from An Taisce including rubbish bags, gloves and bibs. **To register contact An Taisce at 01-4002219 or email nsc@antaisce.org. Further details are available on their website @ www.nationalspringclean.org**

Day of the Regions

IRD Duhallow will once again run the Day of the Region Initiative this summer from the **27th June to the 17th August**. The **Day of the Regions is an opportunity for communities and clubs to showcase what they have to offer** particularly to those new to the area and to those visiting during the summer. Communities are encouraged to look at what is unique to their area and run an event associated with this such as an historical event, guided walks, environmental awareness event, sporting events, etc. **Funding is available for these events, for further details please contact Helen at 029-60633.**

Gradham Ceoil TG 4 2014

Congratulations to Accordion player Bryan O'Leary who has been named Young Musician of the Year at the Gradham Ceoil TG 4 Awards. Bryan is a grandson of the renowned box player Johnny O'Leary, who was awarded a life time achievement award in 2003. Bryan's music is very much influenced by his native Sliabh Luachra region.

Millstreet Walking Festival

On Saturday 12th and Sunday 13th April 2014
All walks €10 per person or €15 per family.
Pay able on registration each morning.
**Contact 086-3809424
for Walk Programme.**