

Wed 17th May 2017

IPAD, TABLET & SMART PHONE TRAINING

Hosted by: IRD Duhallow. Venue: James O'Keeffe Institute. Contact: Mary Creedon 029-60633 mary.creedon@irdduhallow.com • Time: 10am-12pm. 5 Weeks

CLARA LOOP WALK

Hosted by: IRD Duhallow. Contact: Con O'Sullivan 029-60633 con.osullivan@irdduhallow.com. Time: 7pm

Fri 19th May 2017

CASTLEMAGNER BEALTAINE VARIETY CONCERT

Hosted by: Castlemagner Sinsir. Venue: Castlemagner Hall. Contact: Kathleen Moylan 086-8521808 kathleenmoylan1@gmail.com • Time: 8pm. Adm: €10 Adults / €5 Children

Wed 24th May 2017

INTRODUCTION TO PHOTOGRAPHY

Hosted By: Mallow Camera Club. Venue: IRD Duhallow. Contact: Louise Bourke 029-60633 / louise.bourke@irdduhallow.com • Time: 8pm.

MOUNT HILLARY WALK

Hosted by: IRD Duhallow. Contact Con O'Sullivan 029-60633 con.osullivan@irdduhallow.com • Time: 7pm

Fri 26th May 2017

YOGA IN YOUR CHAIR

Hosted by: The SAOI Network. Venue: James O'Keeffe Insitute. Contact: Louise Bourke 029-60633 / louise.bourke@irdduhallow.com • Time: 12pm • Admission: Free

Throughout the Month of May Basic and Improvers IT Training

Hosted by: IRD Duhallow. Venue: James O'Keeffe Institute. Contact: Mary Creedon 029-60633 mary.creedon@irdduhallow.com • Time: 10am-12pm / 7pm-9pm

Fri 26th May 2017

MILLSTREET GRAMOPHONE NIGHT

Hosted By: Millstreet Gramophone Club. Venue: Canon O'Donovan Centre, Millstreet. Contact: Sean Radley 086-8250074 millstreetmuseum@iercom.net • Time: 8.15pm

Sat 27th May 2017

KILBRIN DAWN MASS

Hosted by: Kilbrin Community Council. Venue: Kilbrin Grave Yard. Contact: Tom O'Riordan 087-4116060 • Time: 6am

KILBRIN CEILI

Hosted By: Kilbrin Community Council. Venue: Kilbrin Community Centre. Contact: Tom O'Riordan 087-4116060 • Time: 9.30pm • Admission: €5

Tues 30th May 2017

FREEMOUNT GRAMOPHONE NIGHT

Hosted by: Freemount Thursday Club. Venue: Cois Abhann, Freemount • Admission: €3.

Wed 31st May 2017

JACK'S MYSTERY TOUR

Hosted By: The SAOI Network. Venue: It's a Mystery Silly!!!! Contact: Louise Bourke 029-60633 / louise.bourke@irdduhallow.com • Cost: €55.

Throughout the Month of May Rosary Recital

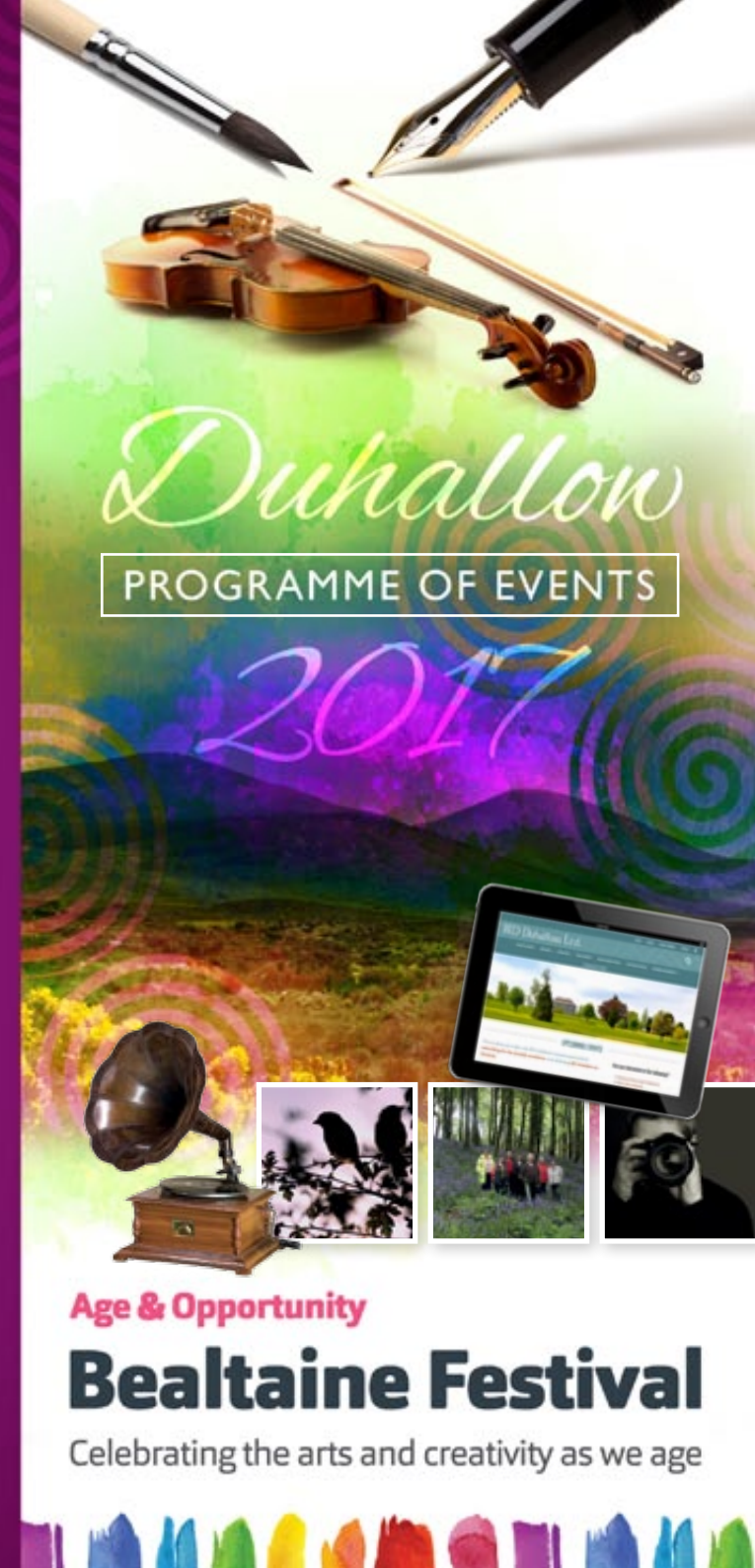
Hosted by: Tureencahill Active Retired Group Venue: Tureencahill Grotto. Time: 8pm (Mon - Fri); 7.30pm (Sunday) • All welcome.

Further information from: **IRD Duhallow**
Tel: 029-60633 • Email: duhallow@irdduhallow.com

www.irdduhallow.com



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Age & Opportunity

Bealtaine Festival

Celebrating the arts and creativity as we age

Thurs 27th April 2017

WHAT IS ALTERNATIVE HEALTH?

Series of Workshops. Teach Failte, Gneeveguilla;
Duration 5 weeks. Time: 7pm – 9pm. Contact: Mary
Creedon 029-60633 / mary.creedon@irdduhallow.com

Sat 29th April 2017

CASTLEMAGNER DAWN CHORUS

Hosted By: Castlemagner Sinsir.
Venue: Knocknans. Contact: Kathleen Moylan
086-8521808 kathleenmoylan1@gmail.com Time:
5am. Admission: €10 Adults / €5 Children (*Breakfast
included in the Community Centre after the event.*)

Sun 30th April 2017

DONOUGHMORE SOCIAL DANCE

Hosted By: Donoughmore ARA. Adm €10 Adults.
Venue: Donoughmore Community Centre.
Contact: Noreen O'Regan 086-3248960

Wed 3rd May 2017

DAWN MASS

Hosted By: The SAOI Network. Venue: James
O'Keefe Institute. Contact: Louise Bourke 029-60633
/ louise.bourke@irdduhallow.com • Time: 5.30am

OUTSMART STRESS & ANXIETY

Seminar. Hosted By: Duhallow Women's Forum.
Time: 7.30pm • Venue: James O'Keefe Institute.
Mary Creedon 029-60633, mary.creedon@irdduhallow.com

ISLAND WOOD WALK

Hosted By: IRD Duhallow. Contact Con O'Sullivan
029-60633 con.osullivan@irdduhallow.com. Time: 7pm

Interested in joining or establishing an
Active Retired Club?

Tel Louise / Jack on **029-60633** to find out your nearest club.

Further information from: **IRD Duhallow**

Fri 5th May 2017

ALZHEIMER'S TEA MORNING

Hosted By: Tureencahill Actively Retired.
Venue: Tureencahill Community Centre
Contact: Mary Creedon 029-60633 mary.creedon@
irdduhallow.com • Time: 11am – 1pm

COFFEE MORNING

Hosted By: Duhallow Community Food Services •
Venue: IRD Duhallow • Time: 11am

Sun 7th May 2017

MILLSTREET BEALTAINE TEA DANCE

Hosted By: Millstreet ARA • Venue: Wallis Arms
Millstreet • Time: 2.30-5.30pm in the Wallis
Arms, Millstreet. Music By: Peter Lane and light
refreshments served. Admission €5.

Mon 8th May 2017

THE HISTORY OF LOCAL PLACE NAMES

Hosted By: Kilshannig ARA • Venue: Laharn
Heritage Centre • Contact: Mary Murphy 086-
3607213 mjkmurphy36@gmail.com • Time: 11.30am

C103 AROUND THE FIRESIDE

Tune in to Jimmy Reidy C103 Around the Fireside
for a special feature on our Bealtaine Festival.

Tues 9th May 2017

CARD MAKING WORKSHOP

One day workshop. Hosted By: The Saoi Network.
Venue: James O'Keefe Institute.
Contact: Louise Bourke 029-60633 /
louise.bourke@irdduhallow.com • Time: 10am -1pm
Fee: €35 (*including your own materials kit*).

Wed 10th May 2017

WALK OF MULLAGHAREIRKE

Hosted By: IRD Duhallow • Contact Con O'Sullivan
029-60633 con.osullivan@irdduhallow.com. Time: 7pm

Fri 12th May 2017

IRD DUHALLOW DAWN CHORUS

Hosted by: IRD Duhallow Bird Watch Group.
Venue: James O'Keefe Institute. Contact: Ilse Corkery
029-60633 ilse.corkery@irdduhallow.com • Time: 6am

JOE DOLAN TRIBUTE NIGHT

Hosted By: Kilbrin Community Council.
Venue: Kilbrin Community Centre • Time: 8.30pm
Contact: Tom O'Riordan 087-4116060.

Sun 14th May 2017

THE SECOND HONEYMOON

Performed by Banteer Drama Group
Venue: Bruach na Carraige, Rockchapel
Contact: Jack Roche 087-2205566 • Time: 8pm

Mon 15th May 2017

THE QUIET MAN – DAYTIME CINEMA

Hosted By: Saoi Network • Venue: James O'Keefe
Institute. Contact: Louise Bourke
029-60633 / louise.bourke@irdduhallow.com
Time: 1.30pm • Admission: €10 (*Dinner & Film*)

Tues 16th May 2017

SCRAPBOOK LAYOUT WORKSHOP

One day workshop. Hosted By: The Saoi Network.
Venue: James O'Keefe Institute. Contact: Louise
Bourke 029-60633 / louise.bourke@irdduhallow.com
Time: 10am - 1pm. Fee: €35 (*including your own materials kit*).

Tel: **029-60633** • Email: duhallow@irdduhallow.com

www.irdduhallow.com

