SPECIAL POINTS OF INTEREST:

IRD Duballow

Tel: 029-60633

MAY2014

ENTERPRISE WORKING GROUP

WARMER

HOMES SCHEME

Web: www.irdduhallow.com E-mail: duhallow@eircom.net

Enterprise Working Group

IRD Duhallow Mentoring Programme

Thinking of starting up a business? Then, why not avail of advice and guidance from the mentors on the IRD Duhallow mentor panel. The programme is open to start up or existing businesses within Duhallow. Receive independent advice and guidance from U-expert business consultants. Businesses can receive up to 10 hours one to one mentoring time with an experienced advisor and its entirely free!!! The 10 hours mentor time will be maximised using business analysis to identify the areas most in need of addressing. Between sessions participants will carry out project work to implement agreed solutions. For further information visit the website: www.irdduhallow.com/duhallow-enterprise/mentoring or Contact Louise at 029-60633.

INSIDE THIS ISSUE:

Bealtaine Festival Programme	2
Bealtaine Festival Programme	3
Agriculture Working Group	4
Employment and Training Working Group	4
Equality Working Group	4

Warmer Homes Scheme

Calling all Householders - Free Insulation Service

If you are in receipt of **one** of the following payments you will now be eligible to receive insulation services **free of charge**:

Fuel Allowance **Or** Family Income Supplement **Or** Job Seekers Allowance (for more than 6 months and have children under 7 years of age).

Houses must be owner occupied and constructed before 2006. Contact IRD Duhallow Warmer Homes at 029-60633.

Community Development Working Group

ALDWORTH EXHIBITION - Postponed until October 2014. It will be advertised in advance in our Newsletter.

Bealtaine

The month of May is the Duhallow celebration of Bealtaine, which is a festival acknowledging the third age. The 2014 programme will see almost 50 events organised by Actively Retired Groups in the region. No matter who you are or what you are interested in there's something for you with events varying from Angling to Concerts and Mystery Tours to Tablet Training. For the full programme of events please see pages 2 and 3 of this Newsletter, or contact 029-60633.











Thursday 1st May

1. May Day Dawn Mass A May Day Dawn Mass will take place at 6.30am at the Source of the Blackwater in Doctors Hill, West of Ballydesmond with Music by the Lorraine O'Riordan Gospel Choir. Assembly at the trail head at 6.00am sharp. Shuttle buses will be provided. To register or to book a seat on the DART bus, please ring 029-60633.

2. May Day Evening Mass
The Annual May Day Evening
Mass in honour of the Blessed
Virgin Mary will take place at
Tureencahill Grotto at 8.00pm.

Friday 2nd May

3. Foyle Rambling House There will be an Irish Night and seisuin in the Old School House in Foyle at 8.30pm.

4. An Evening in the Castle

The Swedish, Christianstad's Motet Choir complimented by our own Duhallow Choral Society will be singing in the Church of the Little Flower, in Drishane Castle in Millstreet., The concert will commence at 7pm sharp. Tickets are €10 contact 029-60633 to purchase.

5. Alzheimers Coffee Morning

The staff of IRD Duhallow are raising awareness and funds for people living with Alzheimers and are hosting a coffee morning in the James O'Keeffe Institute at 11am.

Saturday 3rd May

6. Castlemagner Dawn Chorus

Castlemagner Sinsir Club will host a Dawn Chorus Walk through the grounds of Lohert Castle. Vivian O'Gorman from Bird Watch Ireland will be on hand to help identify birds from their song. Assembly in Cecilstown Village at 5am and afterwards, breakfast Community in Castlemagner Centre. Adults: €10; Cost: Children €5. Register by Kathleen 086contacting at ²8521808.

7. Ceili in Cois Alla

The Freemount Heritage Centre is hosting a Ceili on Saturday the 3rd of May. Music will be by Donie Nolan and the cost is €10.

Sunday 4th May

8. Ballroom of Romance
Donoughmore Actively Retired
group are hosting a 'Ballroom of
Romance' in Donoughmore
Community Centre at 8.30pm
Admission is £10 and
registration is essential. Contact
Noreen O'Regan on 021-7337042
/ 086-3248960.

Monday 5th May

9. Sugan Chair Making
Sugan chair making workshops
will take place on the 5^{th} , 12^{th} and 19^{th} of May from 2pm-4pm. The
cost is $\in 30$. Register at 029-60633.

Tuesday 6th May

10. Tablet Training

Learn the basics involved in using your tablet. The training will be on Tuesday the 6^{th} , and 13^{th} of May from 2-4pm. The **cost is** ϵ 30. **Contact 029-60633** to book your place.

11. Pattern Day Mass

To celebrate the Pattern Day of Inghne Bhuidhe, there is mass at the Holy Well in Dromtariffe at 8pm. Call to the Dromtariffe Community Centre afterwards for light refreshments and music by local musicians.

12. Craft Making

Wood Craft Making Workshops will take place on Tuesday 6th, 13th, 20th and 27th of May from 11am — 1pm. Learn how to manufacture handy household items such as flower boxes and toy chests that can take pride of place in any household. The cost is €40 and registration is essential on 029-60633.

Wednesday 7th May

13. An Afternoon at the Pictures

For the past 30 years Paddy Buckley has been capturing local memories on film. In the Glen Theatre at 3pm he is premiering a video of events around Duhallow.

Admission is free Register with Paddy on 029-56039.

14. Millstreet Table Quiz Millstreet Actively Retired Group will host a **Tablet Quiz** and Sing

Will host a **Tablet Quiz** and Sing Along in the Wallis Arms Hotel, Millstreet at **8.00pm**. Teams will be made up of 4 people and entry is €20.00 per team.

15. Art Classes in Cluid

Cluid housing is hosting art classes every Wednesday in May 7th, 14th, 21st, and the 28th of May. in the Community Hall in Castle Court from 10.30am to 1pm. Register with Rose on 029-61952 or 087-9208660

Thursday 8th May

16. Making 3D Art

For this class participants will create a 3D sculpture using recyclable cardboard as a resource. The cost of the course is €50 and it will run from 11am − 1pm on the 8th May, 15th May 22nd May and 29th May. Register on 029-60633.

17. Angling

At 10.30am the World Champion Glenda Powell will be taking a beginners class for people interested in taking up Angling as a hobby. The cost is €10 per person Register with Tom on 029-60633.

18. Colour and Image Academy

This interactive and fun session at 7.30pm with Joan Cashman from the Colour and Image Academy will teach you which colours and style of clothes will suit your shape, personality and lifestyle. Register on 029-60633.

Friday 9th May

19. Kanturk Variety Concert Kanturk Community Council will be hosting a Variety Concert at 8.30pm. Admission is €10 (Adult); €5 (Child). Tickets are available in local stores or by contacting 086-4089980.

Saturday 10th May

20. Cluid Housing Open Day

Agriculture Working Group

KANTURK FARMERS MARKET, which is located at the rear of Twohig's Supervalu takes place every Thursday and Saturday from 10.30am-2.30pm. Each week at our Market you will find a fine range of fresh local produce. New Stallholders Welcome, for further information please contact Katie at 029-60633.

GIY Duhallow - The May meeting of GIY Duhallow will take place on **Tuesday 27th May. Please contact Katie at 029-60633 for further information.**

Employment and Training Working Group

IRD Duhallow Social Protection CE Scheme is recruiting Childcare Assistants at Banteer Creche. If you are receiving Social welfare payment and over 25yrs old, unemployed 12 months or more or on a disability payment 6 months or more and you may be interested in applying. You must be registered with the Employment Services Officer. Please note the successful applicants will need to obtain Garda Clearance. **To apply for these positions,** please forward your CV together with your PPS number to Paddy O'Connor, IRD Duhallow, James O'Keeffe Institute, Newmarket, Co. Cork. Closing date for applications is 16th May 2014.

Intermediate Computers

IRD Duhallow's Employment and Training Working group is seeking to provide training for people who may have completed basic computer training and who want to upskill in this area. It is envisaged that participants will learn in more detail about Information Technology, Data Entry/Keyboard, Word Processing using the Internet and File Management. For further information or to register interest in this training, please contact Peter or Alex at 029-60633.

MA in Local History - September 2014

The School of History at University College Cork will run its two-year part-time MA Degree in Local History, beginning in September 2014. The MA in Local History presents an opportunity for those who would like to engage in original historical research. This MA degree is tailored for mature students who cannot attend classes during the day, with regular early evening lectures on local history. For further information, application procedures and regulations see: www.ucc.ie/en/cke43/ or contact Dr. Larry Geary: 021-4903047.

Equality Working Group

Life Skills - Programme to help you deal with Life's Challenges

IRD Duhallow in conjunction with Aware is seeking to run a six week programme which is aimed at individuals who are experiencing mild to moderate forms of stress, anxiety or depression.

At each life skills session, participants can learn how to manage their feelings when they are stressed, worried or depressed, and learn simple and practical skills to help them cope with life's challenges. This programme is subject to having sufficient participants and we are asking all interested participants to register with us. To register or for further information please don't hesitate to contact Peter or Alex at 029-60633.

Are you on the Register of Electors?

Every person aged 18 years or over is entitled to vote at the forthcoming local elections for the area in which they normally reside but **only if they are on the Register of Electors** for their area. Irish and EU citizens over the age of 18 years are also entitled to vote in the European Elections providing they are on the Register of Electors. The Register of Electors is maintained by the relevant Local Authority and it is important to make sure that you are on the register for your area. You can check the register online at CheckTheRegister.ie where it will only take a minute to make sure you are registered.

People who are eligible to vote but who are not registered as electors still have time to apply for entry in the supplement to the register of electors to be published before polling day and so be able to vote on polling day.

Application forms can be downloaded from www.checktheregister.ie or can be obtained from City and County Councils.

The closing date for applications is 6th of May 2014.

New fears of another blow to rural life amid warning of train cuts

Rural train services face axe if commuters don't use them. Transport Minster Leo Varadkar has indicated that unless there is a turnaround, people will have to accept that lines would be closed because many services would no longer be sustainable. Please support our local Train Stations ie Rathmore, Millstreet and Banteer.