1.R.D. Duhallow

Duhallow Information Guide You are welcome



Welcome to the Essential Guide for Migrants in the area. This guide contains valuable information on wide range of sporting and leisure activities. It also provides useful contact information on a number of essential services including Banks, Doctors, Garda, Hospitals, School, Social Welfare and sporting organisations

Whilst every care has been taken in its compilation, no responsibility is taken for any errors or omissions.



Duhallow is a rural area of about 1,000 square miles located in North West Co. Cork and East Kerry. The area conforms closely to the ancient barony of Duhallow from which it gets its name. also based very substantially on agriculture.

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Duhallow GAA Clubs

GAA (The Gaelic Athletic Association) is an organisation which promotes Gaelic Games - traditional Irish sports, such as Hurling, Camogie, Gaelic football, Handball, and Rounders. The organisation also promotes Irish music and dance, and the Irish language. It is the largest and most popular organisation in Ireland with some 800,000 members out of the island's population of almost 6 million. Almost every town and village in Ireland has a GAA club, which plays hurling or Gaelic football, or usually both.



01 Sports Clubs

GAA Clubs

Banteer GAA Club

Banteer, Co.Cork Secretary:Tim Moynihan Tel: 086-8472049 / 029-58285

Playing games: football, hurling
Membership: open to all
Price for membership: €30 for adults,
€20 for students
Trainings: twice a week, usually on
Tuesdays and Fridays
Club categories: Under 10, Under 12,
Under 14. Under 16. Under 18. Under

Boherbue GAA Club

Ballyhoulihan, Boherbue, Co. Cork Secretary: Donal Aherne Tel: 086-2254054 www.boherbuegaa.com

Playing games: football
Membership: open to all
Price for membership: €50
Trainings: Currently takes place on
Tuesday and Friday nights in Boherbue
GAA pitch. Club categories: Juvenile
from U12-U21, Junior A+B

Donoughmore GAA Club

Gurrane, Donoughmore, Co. Cork Secretary: Gillian Golden Tel: 086-8066016 donoughmore@gaa.ie

Playing games: football and hurling Membership: open to all Matches: no particular time, club grounds Club categories: approx from 7 years old till adults groups

Dromina GAA Club

Dromina, Co. Cork Secretary: Olivia Morrissey Tel: 087-6840146

Membership: open to all Matches: In Duhallow area Club categories: Intermediate, Junior B, Under 21

Dromtarriffe GAA Club

Dromtarriffe, Co. Cork

Secretary: Noel O'Sullivan
Tel: 087-6739982
osullivano@eircom.ie
www.dromtariffegaa.com
Playing games: football and hurling
Membership: open to all
Price for membership: €20 for adults,
€10 for students
Matches: playing in the Duhallow area
(mostly Rathcool)
Club categories: Under 10, Under 12,
Under 14, Under 16, Under 18,
Under 21, Junior A, Junior B

Kanturk GAA Club

Kilroe, Kanturk, Co. Cork Secretary: Francis Kenneally Tel: 086-8332158 centralstores@oceanfree.net

Playing games: football, hurling Membership: open to all Price for membership: non players - €25 per year, players - €50 per year, students - €25 per year, anybody - €15 Matches: field in Kilroe, field on the Freemount Road; starting playing matches at the end of January, usually Tuesday and Fridays at night time Trainings: beginning in January Club categories: Adults for hurling & football, U21 hurling & football, U18 hurling & football

Kilbrin GAA Club

Kilbrin, Co. Cork Secretary: Tom O'Reilly Tel: 022-48454 tsandkt@eircom.net

Playing games: football, hurling
Membership: anybody over the age
18 can become a full member; most
members from parish of Kilbrin
Price for membership: €10 for non
playing members, €40 for all playing
members

Matches: organized in Duhallow area Training: twice a week for all teams and takes place at the clubs' pitch in



Duhallow Information Guide

21 and Adults

Kilbrin village Club categories: 5 adult teams: 3 hurling and 2 football

Kiskeam GAA Club

Kiskeam, Mallow, Co. Cork kiskeamgaaclub@yahoo.ie www.kiskeam.gaa.cork.ie Contact person: Brid Ni Lionachain Tel: 087-2980465

Playing games: football only Membership: open to all Price for membership: €20 per person, €100 once off payment for lifetime membershib

Matches: divisional games are all played within Duhallow and County board games within the County, Kiskeam Club is premier intermediate

Trainings: organising weekly off beak season, two or three times during season, almost all training session are organized on Club grounds

Club categories: Minor Team (Under 18), Under 21, Junior Team (plays within Duhallow), Premier Intermediate Team (Plays within country)

Knocknagree GAA Club

Knocknagree, Mallow, Co. Cork Secretary: Pat Hickey Tel: 064-56413

Playing games: football, hurling Membership: open to all Price for membership: €30 per person, €70 yearly

Matches: playing on Knocknagree GAA Field

Trainings: usually organising on Tuesday and Friday nights and on Sunday Club categories: from luveniles to Adults

Lyre GAA Club

Gortmore, Banteer, Co. Cork Secretary: Stephen Mannix Tel: 087-9547889 stevenmannix@hotmail.com

Playing games: football, no hurling Membership: open to all / open to bublic

Price for membership: € 30 for playing members and non playing members; anybody under 18 years old € 20 Matches: every week (Monday nights) in Kanturk GAA club rooms; from late February until November Trainings: held in Banteer Sportsfield;

starting in late January/early February; usually Tuesday and Friday nights Club categories: U18 aged 15-18; U21 aged 17-21; Adult aged 17 and over

Meelin GAA Club

Glounakeel, Glen View. Rockchapel, Co. Cork Secretary: Bridie Murphy Tel: 087-2220867, 063-35214 bridie.murpy@kerry.ie

Playing games: football and hurling Membership: open to all Matches: weekly Monday night meetings in the Clubrooms, Kanturk Club categories: from Under 10 until Senior teams

Millstreet GAA Club

Drishane Road, Millstreet, Co. Cork Contact person: Sharon Lane Tel: 086-8304356

Playing games: hurling, football Membership: open to all Price for membership: above Under 18 - €25

Club categories: above Under 18

Newmarket GAA Club

Newmarket, Co. Cork Secretary: Connor O'Sullivan Tel: 086-3630210 conor8osull@eircom.net www.newmarketgaa.com

Playing games: football, hurling, ladies football Membership: open to all Price for membership: €30 for players, €25 for adults, €20 for students

Matches: Newmarket field, during playing seasons matches are fixed on a weekly basis

Trainings: usually commences at 8 pm from Monday to Friday

Club categories: for football teams - intermediate, junior, U 21 and minor (U 18), for hurling teams - junior, U 21 and minor (U18)

Rockchapel GAA Club

Stagmount, Rockchapel, Co. Cork Secretary: Kathryn O'Donnel Tel: 087-9875740

Playing games: football Membership: open to all Matches: all Duhallow area Trainings: usually two nights a week (Tuesday and Thursday) Club categories: Minor, U21, Junior B, **Junior A**

Tullylease GAA Club

Tullylease, Co. Cork Secretary: Mark Sheehy Tel: 022-28652

Playing games: hurling; girls play football with Droomcollogher and camogie with Milford, Membership: open to all Price for membership: €20 for adults, €10 for juveniles

Matches: blaving all around Duhallow Trainings: provided on the hurling field in Tullylease

Club categories: lunior for hurling

Iuvenile GAA Clubs

Banteer/Lyre GAA

Gortmore, Banteer, Co. Cork Secreatry: Donal Manix Tel: 086-3770830 donalmannix@hotmail.com

Playing games: football, hurling, ladies football Membership: open to all Price for membership: €30 for adults, €20 for juveniles Matches: organisnig every second

week Trainings: held in Banteer Sportsfield Club categories: Under 10. Under 12. Under 14, Under 16, Under 18, Under 21 and Adults

Ballydesmond GAA

Tureenduve, Ballydesmond, Co. Cork Secretary: Niall Collins Tel: 087-2668210 / 064-51959 niallcollins2005@eircom.net

Playing games: football Membership: open to all Price for membershib: €20 for adults. €10 for children Training: once or twice a week Categories: Under 8, Under 10, Under 12, Under 14, Under 16, Under 18

Boherbue GAA

C/O Steven Lynch, I McAuliffe Ave. Boherbue, Co. Cork Secretary: Steven Lynch Tel: 087-2795558

Playing games: football Membership: open to all Price for membershib: €20 Trainings: Usually on Saturdays in Boherbue GAA bitch.

Croke Rovers

I Murphy's Terrace, Castlemagner, Co. Cork Secretary: Nellie Meade Tel: 087-7690153

Club categories: U12-U21

Playing games: football, hurling Membership: open to all Price for membership: €10 for playing members. €25 for family members Matches: normally from March to September

Trainings: organising 2/3 times a week Club categories: under 8 and under 18

Cullen GAA

Lislehane, Cullen, Co. Cork Secretary: Kathleen Mullane Tel: 029-79140 / 086-1626607 kate mullane2000@yahoo.ie

Playing games: football Membership: open to all, club includes children from Cullen & Ballydaly areas

Price for membership: €10 for juveniles, €20 for adults

Matches: after monthly Duhallow Juvenile Board meetings dates of matches and venues are updated Trainings: coaches organises their own training sessions by telephoning the children or informing the schools Club categories: Under 8. Under 10. Under 12. Under 14.

Dromtariffe GAA

Bolomore, Rathcoole, Co. Cork Contact person: Dan Joe O'Keeffe Tel: 086-1234348 / 029-58001

Playing games: football, hurling Membership: open to all Price for membership: €20 for adults, €10 for iuveniles Matches: starting in the middle in February until November Trainings: organising weekly Club categories: Juniors (age 8 - 16), Minor, Adult

Kanturk GAA

- €10 per annum

Greenfield Road. Kanturk, Co. Cork Secretary: Gerarda Mullane Tel: 086-8453412 / 029-51162 gerardamullane@eircom.net

Playing games: football, hurling Membership: open to boys in Kanturk / Lismire area Price for membership: U-8, U-10, U-12 U-14, U-16 - €20 per annum Trainings: Players are notified of games and trainings by the trainers of the team.

Club grounds - Kilroe (main bitch): Freemount Road pitch Club categories: Under 8, Under 10, Under 12, Under 14, Under 16 in football and hurling

Kiskeam GAA

Islandbrack, Boherbue, Co. Cork Secretary: John O'Sullivan Tel: 029-76633 / 087- 2410975 doscs@eircom.net

Playing games: football Membership: open to all Matches: playing all over Duhallow Club categories: Under 16, Under 14, Under 12. Under 10

Knocknagree GAA

Knocknaloman. Rathmore, Co. Kerry Secretary: Michael Dilworth Tel: 064-58414 / 087-6723883

Playing games: football Membership: open to all Price for membership: €10 for the player, €25 for the family Club categories: Under 10. Under 12. Under 14, Under 16, Under 18, Under 21, Junior A, Junior B, Senior Club (Adults)

Millstreet GAA

Drishane Road. Millstreet, Co. Cork Secretary: Sharon Lane Tel: 086-8304356

Playing games: hurling, football Membership: open to all Price for membership: Under 18 - €15 Club categories: Under 18

Newmarket GAA

Orchard Avenue. Newmarket, Co. Cork Secretary: Catherine Culloty Tel: 029-60599 / 087-7532186 catherineculloty@gaelic.ie

Playing games: football, hurling Membership: open to all Price for membership: €20 for child, €30 for two children and more Matches: playing all over Duhallow Training: organised twice a week and on Saturdays Club categories: Under 10. Under 12. Under 14, Under 16 in both football and hurling

Ladies Football

Banteer Ladies Football

Naad, Banteer, Mallow, Co. Cork Secretary: Margaret Barrett Tel: 087-2553232 / 029-58435

Playing games: football Membership: open to all Under 10 Price for membership: €43 per child, €33 ber berson U10 Club categories: U10, U12, U14, Junior

Boherbue Ladies Football

C/O Famon Lane. Laharn, Boherbue, Co. Cork Chairman: Eamon Lane Tel: 087/2235720

Playing games: football Membership: open to all Price for membership: € 45 Trainings: Currently on Sunday mornings at 12 pm in Boherbue GAA pitch Club categories: U12-Junior

Donoughmore Ladies Football

Pluckanes, Donoughmore Secretary: Noreen O'Regan Tel: 086-3248960

Playing games: football and camogie Membership: open to all Matches: organising during weekends, on the GAA grounds, community field in Donoughmore Club categories: U10, U12, U14, U16, U18. U21 and lunior

Dromatarriffe Ladies Football

Dromahoe, Dromagh, Mallow, Co. Cork Secretary: Mary Mc Auliffe Tel: 087-7549254

Playing games: football Membership: open to all Matches: starting to blay in middle March: Rathcoole, Dromtarriffe GAA Grounds

Price for membership: U10 - €28, Juniors - €33, Seniors - €43 Club categories: U12, U14, U15, U16, Minor, U2 I, Junior

Rockchapel Ladies Football

Mileen, Rockchapel, Co. Cork Secretary: Mary Collins Tel: 087-6724719 Email: mcollins@oconnorgroup.ie

Newmarket Ladies Football

Newmarket, Co. Cork Chairperson: Grainne Boyle Tel: 029-60928

Membership: open to all Price for membership: €30 per year Trainings: two training sessions per week: on Sat morning and Wed evening Club categories: Under 10, Under 12, Under 14, Under 15

Other sports clubs

within Duhallow area

Millstreet Soccer Club

Mount Leader. Millstreet, Co. Cork Secretary: Aiden Downey Tel: 029-70635 / 086-8211158

Playing games: soccer Membership: open to all Price for membership: €50 per person Venue:Town Park Millstreet Matches: Sundays at 10.45 am Training: every Friday evening at 7pm

Kanturk Soccer Club

Kanturk, Co. Cork Chairman: William Mernagh Tel: 087-3188230

Membership: open to all Price for membership: €50 per year, €30 per year for School Boys Section Matches: Junior A Team are playing on Saturday, Junior B Team are playing on Sunday

Club categories: Junior A Team, Junior B Team, Adults, School Boys Section with 4 school boys teams: U11, U13, U15.U16

Los Zarcos Soccer Club

Millstreet, Co. Cork Secretary: Mark Neville Tel: 087-3188230

Rathcoole Soccer Club

Rathcoole, Co. Cork Secretary:Thomas McAuliffe Tel: 087-2733385

Kanturk Golf Club

Fairyhill, Kanturk, Co. Cork Tel: 029-50534 www.kanturkgolf.com Secreatry: Tony McAulife

Playing games: golf
Membership: open to all
Price for membership: €2000 for the
first year
Matches: anybody can play match
without joining the club

Kanturk Tennis Club

Upper Blue Pool, Kanturk, Co.Cork Tel: 029-50169 Chairperson: Nuala McCarthy

Playing games: tennis Membership: open to all during summer season

Price for membership: €16 for family membership, €40 for adults, €20 for children

Matches: you can not play without joining the club, membership essential Club categories: Juveniles and Adults

Newmarket Bridge Club

Meens, Newmarket, Co. Cork Secretary: Maura O'Riordan Tel: 029-60504

Venue: Community Centre, Main Street, Newmarket, every Tuesday night

Kanturk Bridge Club

Church Street, Kanturk, Co. Cork Secretary: Evelyn Breen Tel: 029-50422

Membership: open to all Price for membership: €30 per year Venue: Union Hall in Kanturk, every Thursday night

Kanturk Credit Union Cycling Club

Coolageela, Kanturk, Co. Cork Secretary: Dan Curtin Tel: 029-50679 info@kanturkcycling.com dancurtin@kanturkcycling.com

Membership: open to all

Price for membership: free; €5 for
insurance for students

Club categories: Youth, Junior, Senior 1,

Senior 2, Senior 3, Veteran

Banteer Cycling Club

Banteer, Co. Cork Secretary: Cormac Cahill Tel: 085-1252570

Membership: open to all Price for membership: €25 per year Activities: organizing cycle race every year, non-racing cycle in May

Kanturk Rugby Club

Kanturk, Co. Cork Hon. Secretary: John D. O'Connor Tel: 029/50171/ 086-8073394 pjcremin@eircom.net www.kanturkrugby.com

Membership: open to all Price for membership: €50 per person Trainings: every Tuesday and Friday night at Knocknacolan grounds, Kanturk Club categories: Adults, U14, U16, U18, U20, Mini Rugby

Rockchapel Badminton Club

Glencarney, Rockchapel, Co. Cork Secretary: Timothy Twomey Tel: 029-69014

Membership: open to all
Price for membership: €10 per year,
€1 per night
Trainings: currently juveniles are
meeting every Friday from 6.00pm to
8.00 pm; venue: Community Centre in
Rockchapel

Banteer Badminton Club

Banteer, Co. Cork Secretary: Patricia Buckley Tel: 029-58235

Town Club in Newmarket

Newmarket, Co. Cork Secretary: Andy Walsh Tel: 087-2074886

Membership: open to all and free Venue: CYMS in Newmarket, every 5-6 weeks



Emergency Services

24 Hour Emergency Service for

fire brigade and ambulance-all areas Call 999 or 112 (from mobile phone)

Local Gardaí

Kanturk District HO: 029-20680

Newmarket: 029-60002 Meelin: 029-68002 Boherbue: 029-76002

Millstreet: 029-70002 Rathmore: 064-58002

Knocknagree: 064-56002 Ballydesmond: 064-51102

Garda Domestic Violence and Sexual

Assault Unit: 01-475 5555

Gardaí Headquarters

Kanturk: 029-50024 Mallow: 022-21251 Millstreet: 029-70003 Tralee: 066-7121866 Killarney: 064-31222

Helplines

Drugs and Alcohol

Al-Anon and Al-Ateen

PO Box 55, Togher, Cork Tel: 021/4311899 Support groups for family and friends of problem drinkers.

Alcoholic Anonymous

PO Box 137, Eglinton St. Cork Tel: 021/4500481 (8-10 pm)

EMERGENCY

Narcotic Anonymous

PO Box 89, Eglinton St, Cork Tel: 021/4278411

Gamblers Anonymous

20 Cork Street, Cork, Tel: 021/4279701

Depression Helpline

Aware: Helps people affected by

depression. Tel: 1890-303-302

Domestic Violence

IRD Duhallow.

Newmarket, Co. Cork Tel: 029/60633

OSS Cork Domestic Violence.

94 South Main Street, Cork Tel: 1800 497 497

Sexual Violence Centre.

5 Lamden Place, Cork Cork Rape Crisis Service 5 Lamden Street Tel: 1800 496 496

Cura

Tel: 1850 622 626

Cura is a voluntary Irish organisation which offers support and helps to promote those who are faced with a crisis pregnancy.

Sex and Relationships Helplines

Unite - Gay and Bisexual Youth Group

8 South Main Street.

Cork

Tel: 021/4278470 021/4278471 info@gayhealthproyect.com www.gayhealthproyect.com

L.inc Confidential Help Line

Thursdays 8-10 pm Tel: 021/4318318

Linc

Ha White Street. Cork Tel: 021/4808600









Railway Station

Main Street

TO CORK

Duhallow









Health

HSE (Health Service Executive)

Oak House, Limetree Avenue Millenium Park, Naas Co. Kildare Tel: 045-880400 www.hse.ie

HEALTH CENTRES

Kanturk 029-29700 Kiskeam 029-76486 Millstreet 029-70142 029-60131 **Newmarket** Rockchapel 029-69044

Hospitals

Cork University Hospital, Wilton, Cork. 021-4546400

General Hospital, Mallow, 022-30300

St. Patrick's Hospital, Kanturk, 029-50024

St. Joseph's Hospital, Millstreet, 029-70003

Dentists

Buckley Niall, The Park New St. Newmarket. Co. Cork Tel: 029-60746

Ouinlivan E.M. B.D.S. N.U.I.. Main Street. Kanturk. Co. Cork Tel: 029-50060

O'Connor Der BDS NUI. Strand St. Kanturk. Co. Cork Tel: 029/50287

Creedon Con A B.D.S N.U.I.. The Square, Millstreet Town, Co. Cork Tel: 029/70367



Health Boards

Cork City or the counties of Cork and Kerry South Health Board. Wilton Road. Cork. Co. Cork Tel: 021-454 011 CUSTOMER INFORMATION HELPLINE: 1850 742 000

North Cork Offices Gouldshill House. Mallow. Co. Cork Tel: 022-30200

The HSE provides a wide range of services include Audiology, Podiatry, Occupational Therapy, Physiotherapy, Child and Adolescent Psychology, Health Promotion, Child Care and Protection Service, Speech and Language Therapy, Ophthalmic, Dental, Environmental Health, Child and Adolescent Psychiatry Services.



Doctors

Dr. Cormac Lyons. Strand Street, Kanturk, Co.Cork Tel: 029 50353

Dr. Bertie Daly & Dr. Zelie Gaffney, High Street Newmarket, Co.Cork Tel: 029 60636

Dr. John Bourke. Scarteen, Newmarket, Co.Cork Tel: 029 60022

Dr. Leonard & Dr. Mary Leader, Gneeves, Boherbue, Mallow, Co.Cork Tel: 029 76003

Dr. Patrick Casey, Tullig, Millstreet, Co.Cork Tel: 029 7005 I

Dr. Stephen Dillon. Coomlegane, Millstreet, Co.Cork Tel: 029 70124

Dr. Michael Feeley, Westbourne, Clara Rd. Millstreet. Co.Cork Tel: 029 70223

Dr. Anthony Martin McDonnell, Old Road, Rathmore, Co. Kerry Tel: 064 58168

04 Post Offices

Boherbue Tel: 029-76001 Cullen Tel: 029-79001 Derinagree Tel: 029-78058 Kiskeam Tel: 029-76013 Millstreet Tel: 029-7000 I Newmarket Tel: 029-60001 Rockchapel Tel: 029- 69001 Kanturk Tel: 029-5000 I Knocknagree Tel: 064-50693 Rathmore Tel: 064-5800 I

Banks

AIB Kanturk

35 Strand Street, Kanturk, Co.Cork Sort Code: 936316

ATM:Yes

Tel: 029-50005/029-50382

Fax: 029-50854

Hours: Mon-Fri: 10.00 a.m. to 4 p.m. excluding Wednesday: 10.30 a.m. to 4.00 p.m. Tuesday: 10a.m. to 5p.m.

AIB Millstreet

Church Street, Millstreet, Co.Cork Sort Code: 936154

Duhallow

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ATM:Yes

Tel: 029-70007 Fax: 029-70762 Hours: Tuesday to Friday: 10.00 a.m. to 4.00 p.m. excluding Wednesday: 10.30 a.m. to 4.00 p.m. Monday: 10.00 a.m. to 5.00 p.m.

AIB Newmarket

II Church Street, Newmarket, Co.Cork Sort Code: 936170 ATM:Yes

Tel: 029-60008/029-60267/029-

60690

Fax: 029-60647

Hours: Monday: 10.00 a.m. to 12.30 p.m. & 1.30 p.m. to 5.00 p.m. Tuesday, Thursday & Friday: 10.00 a.m. to 12.30 p.m. & 1.30 p.m. to 4.00 p.m.

Bank of Ireland

Watergate St., Kanturk Sort Code: 90-57-23 Tel: 029-50063 Fax: 029-50299 Hours: Tueday to Friday: 10.00 a.m. to 4.00 p.m. and Monday: 10.00 a.m. -5.00 p.m.

Bank of Ireland

The Square, Millstreet Sort Code: 90-58-03 Tel: 029-70053 Fax: 029-70556 Hours: Tueday to Friday: 10a.m. to 4p.m. and Monday: 10a.m. -5p.m.

ACC Bank

Church St Kanturk 029 50290 fax 029 50898

Credit Unions

Credit unions differ from banks and other financial institutions in that the members who have accounts in the credit union are the owners of the credit union. Credit unions offer many of the same financial services as banks, including share accounts (savings accounts), share draft (checking) accounts, credit cards, and share term certificates (certificates of deposit) and online banking.

Kanturk Credit Union Ltd.

Credit Union House, Strand Street, Kanturk, Co. Cork Tel: 029-50276 kunturkcu@eircom.net

Newmarket Credit Union Ltd.

Church Street, Newmarket, Co. Cork Tel: 029-60426

Millstreet Parish Credit Union Ltd.

The Corner House, Millstreet, Co. Cork Tel: 029-70764

Boherbue Credit Union Ltd.

Boherbue, Co. Cork Tel: 029-76484

Rathmore & District Credit Union Ltd.

Donal Casey Place, Rathmore, Co. Kerry Tel: 064-58328 The North Cork Money Advice and Budgeting Service is a free, independent and confidential service open to anyone living and working in the North Cork area. The main purpose is to assist people in dealing with their existing debt difficulties and help them to begin to manage their own resources.

North Cork MABS

Haines's Lane, Bank Place, Mallow, Co. Cork Tel: 022-43879 www.mabs.ie

06

Citizens Information Centres

Citizen Information Centre provides information and advice on all your rights and entitlements, benefits, taxation. This service is free and confidential.

Phone service on: 1890-777-121

Mallow

Citizen Information Centre

Parish Centre, Bank Place,
Mallow, Co. Cork
Tel: 022-20162
mallow.cic@citizensinformation.ie
Opening Hours:Mon to Fri: 10.30am12.30pm.Thurs and Fri afternoons: 3
pm - 5pm, Free Legal Advice:
Thurs: 7.30-8.30pm

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Millstreet

Citizen Information Centre

VFC Centre, Main Street.

Millstreet, Co. Cork Tel: 029-30886 Opening Hours: 1st Tuesday of each

month: 1.30pm - 3.30pm

Castleisland Citizen Information Centre

The Island Centre. Castleisland, Co. Kerry Tel: 066-714 3992 castleisland.cic@citizensinformation.ie Opening Hours: Mon-Thurs 9.30am to 5.30pm, Friday 9.30am to 4.30pm (closed for lunch each day I-2pm)

Killarney

Citizen Information Centre

79 New Street, Killarney, Co. Kerry Tel: 064 32297

killarney.cic@citizensinformation.ie Opening Hours: 10am - 1pm Monday to Friday

Social Welfare Offices

The Department of Social and Family Affairs formulates appropriate social protection policies and administers and manages the delivery of statutory and non-statutory schemes and services. The Department is responsible for the delivery of a range of social insurance and social assistance schemes

including provision for unemployment. illness, maternity, caring, widowhood, retirement and old age.

Department of Social and Family Affairs Áras Mhic Dhiarmada Stotre Street Duiblin L Tel: 01-704300

1890 66 22 44 (Lo Call)

To Request Information Leaflets / Forms on Any Social Welfare Schemes or Services

Call 1890 20 23 25 (Lo Call Leaflet Line)

Social Welfare Services is the executive arm of the Department and is responsible for the day-to-day administration and management of social welfare schemes and services. It is headed by a Director General. The service is delivered through a network of local, regional and headquarters offices.

Social Welfare Offices

Newmarket

New Street, Co. Cork Tel: 029-22110 Opening hours: 9:30 - 12:00 and 2:00 - 4:00

Mallow

72 Main Street, Mallow, Co. Cork Tel: 022-30934 Opening hours: 9:30 - 12:00 and 2:00 - 4:00

Tralee

Godfrey Place, Tralee. Co. Cork Tel: 066-7149500

Opening hours: 9:30 - 4:00

Killarney

St. Anthony's Place, Killarney, Co. Kerry Tel: 064-70980 Opening hours: 9:30 - 12:00 and 2.00 - 4.00

Listowel

The Square, Listowel, Co. Kerry Tel: (068) 50030 Opening hours: 9:30 - 4:00

Community **Welfare Offices**

Community Welfare Office assists families and individuals, especially those experiencing social disadvantage. This service offers a range of income maintenance schemes and provides immediate financial support.

Community Welfare Officers

Tom Dennehy Health Centre. Newmarket, Co. Cork Tel: 029 60131

Mary Smith Health Centre, Kanturk, Co. Cork Tel: 029 50709

08 Tax Office - Revenue

Tel: 1890 22 24 25 This is lo-call number for County Cork area for PAYE workers.

Motor Tax Office for vehicles and driving licence Tel: 021-4544566 www.motortax.ie

Culture/Social Centre & Tourist Points

Nadd Music Centre

Nadd, Co.Cork Contact: Christine O'Shea Music Centre is committed to the training of young people, to appreciate their own native culture, to enjoy their music.

Laharn Culture Centre

Laharn, Lombardstown Contact: Eileen Forde Tel: 022-42096 / 086-1522245 Contact: Sheila Crowley Tel: 022-47482

From May until September it is running on Sunday evenings. During winter it is Heritage Centre.

Conservation/nature reserve

Knocknaseed House. Rathmore, Co. Kerry Contact: Alex & Gill Talman Tel: 085/7487361

Knocknaseed Estate is a reserve with indigenous species of plants and

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animals, large areas of open water and wild life. There is also developed amenity walks and a visitor centre with facilities for bird watching. It offers retreat holidays in self-catering lodges.

Millstreet Country Park

Millstreet, Co. Cork Tel: 029-70810

www.millstreetcountrypark.com Millstreet Country Park is located approximately 6 kilometres from Millstreet Town and is a major tourist attraction. The park is ideal venue for group visits and offers excellent value for that special day out.

Ballyhass Lakes

Cecilstown, Mallow, Co. Cork Tel: 022-27773 info@ballyhasslakes.ie http://www.ballyhasslakes.ie Fishing Village is a unique development of holiday homes, nestled on the shores of Ballyhass Lakes in the heart of Co. Cork. The private salmon fishery is an ideal location for all year round Angling holidays or quiet family holidays.

The Glen Theatre

Tadhg O' Keeffe/ Rory O' Driscoll Banteer, Co.Cork Tel: 029-56239

glentheatre@eircom.net Regular concerts and events provided. It is also used extensively for poetry, comedy and live music events such as traditional, rock folk etc

Aubane Historical Society

Aubane, Millstreet, Co. Cork jacklaneaubane@hotmail.com

Duhallow Information Guide

It concentrates on the local Aubane and Millstreet area as well as North Cork generally. It seeks to make available original and first hand accounts of various aspects of Irish history. The society was founded by a number of local people in Aubane in 1985. It aims to contribute to the growing body of local history publications being produced across the country. They have produced over 30 publications so far in various formats

Millstreet Museum & **Tourism Information Point**

Tel: 029-70844 Millstreet, Co. Cork millstreetmuseum@eircom.net

Castlemagner **Historical Society**

edmond.odonoghue@gmail.com Organisation of people who share interest in the local heritage and history of the parish. Society is organising 'Information Days' and 'Commemoration Events'.

Duhallow Choral Society

Brigid Daly, Allan Farm Rathanna, Kanturk, Co Cork Tel: 029-50485

The choral society welcomes individuals who would like to sing with this group.

Bruach na Carriage Centre

Rockchapel, Co. Cork Tel: 087-2205566 or 068-44169 bruchnacarriage@hotmail.com

"Bruach Na Carraige" centre in Rockchapel is a celebration of Irish music and culture as expressed in the authentic style of Sliabh Luachra traditions. The centre conducts evenings of music, song and dance which maintains the distinctive ethnicity of the region.

Social events

Edel Ouinn Hall.

Kanturk, Co. Cork Contact person: Jack Caroll Tel: 086-8313968

Union Hall/ **Temperance Hall**

Strand Street, Kanturk, Co. Cork Contact person: Bill Cashin Tel: 029-50348

Bingo

Banteer - every Tuesday night Contact person: John O'Donoghue Banteer West, Banteer, Co. Cork Tel: 029-56944

Kanturk - every Wednesday night Contact person: John Fuller Contact person: Chris O'Reily C/O Burtoons Hardware. Banteer Road, Kanturk, Co. Cork

10 Day Care Centres

Day care centres provide a range of social and rehabilitative services for older people and people with disabilities. Day centres include centres that provide day activation, such as recreational, sport and leisure facilities, and specialised clinic facilities that provide a combination of medical and rehabilitation services. Access to day centres is by referral and the eligibility conditions vary from area to area with means tests applying in some cases. Usually people are referred to day centres or day care services by their family doctor (GP) or their public health nurse.

Millstreet Day Care Centre.

Clara Road, Millstreet, Co. Cork Tel: 029-70926

St. loseph's Day Care Centre.

Church Place, Rathmore, Co. Kerry Tel: 064-58588

Kanturk Day Centre.

Church Street, Kanturk, Co. Cork Tel: 029-51161



This is structured care service for more than 3.5 hours per day. Providers care for children from 3 months to 6 years. Some may also include an after-school facility. In full daycare, sleeping arrangements and food preparation must meet standards laid down by the Health Service Executive. Providers include day nurseries and crèches. Generally. children catered for are aged between 2 to 6 years.

Group Anchor Pre-School

Meelin, Co. Cork Tel: 029-68026

Ballyhass Community Childcare,

Cecilstown, Mallow, Co. Cork Tel: 022-27464

Banteer Pre-School Playgroup,

Banteer, Co. Cork Tel: 029-56343



Banteer Community Childcare Services Ltd.

Clonmeen, Banteer, Co. Cork Tel: 029-56722 / 087-2331222

Boherbue Educare

Church Place, Boherbue, Co. Cork boherbueeducare@eircom.net Tel: 087-2949432

Tir na Nog

Ballydesmond, Mallow, Co. Cork Tel: 064-51982

Rathmore Community Creche

Teach Iosagain, Rathmore, Co. Kerry Tel: 064-51163

Beginners Corner

Lower Road, Newmarket, Co. Cork Tel: 087-9598362

Scribbles Playschool

Lower Road, Newmarket, Co. Cork Tel: 029-22922

Nathleen's Montessori School

Percival Street, Kanturk, Co. Cork Tel: 087-4023204

Cotza Tots

Lower Bluepool, Kanturk, Co. Cork Tel: 029-51761

IRD Duhallow **Afterschool Service**

lames O'Keeffe Institute, Newmarket, Co. Cork

Service is available Monday to Friday at 2.00 pm to 6.00 pm for Primary School Children. Supervised homework, with

Duhallow Information Guide

assistance if required. Fun, games and refreshments are provided, DART Rural Transport Service available from school to service.

12 Youth Services

Duhallow

Youth Information Services

lames O'Keeffe Institute.

Newmarket, Co. Cork

Tel: 029-60633

Offers information on services for young people. Youth centre is a space where young people can voice issues of concern.

Cloyne Diocesan **Youth Service**

The Holy Family Centre, College Rd, Fermoy, Tel: 025-32455

Offers services for young people including contact details for Youth Clubs, Operates Community Youth projects which provides group activities, personal development programmes and homework support from Mallow, Midelton and Fermov.

Kerry Diocesan Youth Service

Fairhill, Killarney, Co. Kerry Tel: 064-31748

Provides a Youth works service in communities on a needs basic, CV Typing & Binding, Photocopying, Mock Interviews, Daily Newspapers, Public Internet Access.

Foróige

Membership: confided to boys and girls in the 12-18 age group www.faroige.ie

Contact person: John Dennigan Tel: 086/9795199

john.dennigan@foroige.ie

The purpose of Foróige is to enable young people to involve themselves consciously and actively in their own development and in development of society. This purposes challenges and supports young people to involve themselves in developing their characters and talents.

13 Education Training & **Employment**

IRD Duhallow Job Centre,

lames O'Keeffe Institute. Newmarket

Tel: 029-60633 Katie Crowley Free & confidential service providing assistance to both employees & job seekers.

FΔS

Employment Service Offices Mallow:

103/104 Main Street, Mallow Tel: 022-219 00

Tralee: 17 Lr Castle, Tralee Tel: 066-712 30 65

Provides a range of services to help people find work. Guidance and training on vocational or employment skills. Career information. Recruitment service to employers.

Secondary Schools

Boherbue Comprehensive School Boherbue, Co. Cork Tel: 029- 760 32

Colaiste Treasa. Kanturk, Co. Cork Tel: 029-500 62

Millstreet Community School. Millstreet, Co. Cork Tel: 029-700 87

Rathmore Community School, Rathmore, Co. Kerry Tel: 064-581 35

Scoil Mhuire. Convent of Mercy, Kanturk, Co. Cork Tel: 029-508 07

National Schools Contacts

Ballydaly, Tel: 029-7040 I Ballydesmond, Tel: 064-51351 Ballyhass, Tel: 086-8553416 Boherbue, Tel: 029-76141 Cloghoula, Tel: 029-70042 Cullen, Tel: 029-79201 Derrinagree, Tel: 029-78223 Dromagh, Tel: 029-56067 Foyle, Tel: 064-51396 Freemount, Tel: 022-28834 Hollymount, Tel: 064-58269 Kanturk, Convent Primary, Tel: 029-50348 Kanturk, Saint Colmans. Tel: 029-50768 Kilbrin, Tel: 022-48164. Kilcorney, Tel: 029-58380 Kiskeam, Tel: 029-76456 Knockaclarig, Tel: 068-44555 Knocknagree, Tel: 064-56237

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Lismire, Tel: 086-3822344 Lyre, Tel: 029-58384 Meelin, Tel: 029-68103 Millstreet. Tel: 029-70776 Newmarket, Tel: 029-60956 Rathcoole, Tel: 029-58140 Rockchapel, Tel: 029-69129 Tullylease, Tel: 063-83205 Rathmore, Tel: 064-58492

Training

IRD Duhallow Training Centre

in Boherbue Boherbue, Co. Cork Tel: 029-60633 Host variety of outreach courses including FETAC and Diploma.

Training

Davis College, Mallow, Co. Cork Tel: 022-51958 Offering Post Leaving Courses and Third Level Courses.

VFC

(Vocational Educational Committee) Cork, VEC, Emmet Place, Cork, Co. Cork tel. 021/427 3377 Kerry, VEC, Maine Street, Tralee, Co. Kerry tel. 066/712 1041

Centre for **Adult Continuing Education**

University College Cork, Co. Cork Tel: 029-4902301: 029-4904709: 029-4904719

Institutes of Technologies are major higher education institutions in Ireland. They are offering students a wide range

of courses cover such fields like. Science. Business, Engineering, Art and Music.

Cork Institute of Technology

Rossa Ave, Bishopstown, Cork Tel: 021-4326100

Institute of Technology Tralee

Clash, Tralee, Co. Kerry Tel: 066-7145600 info@staff.ittralee.ie

Unique Voice Translation & Language Service

Tom Crean Business Centre. Kerry Technology Park, Tralee, Co. Kerry Tel: 066-7190554; 087-6220403 info@unique-voice.com

The Higher Education and **Training Awards Council**

HITAC is the qualifications awarding body for Third Level Education and Training Institutes outside the university section.

Further Education Training Awards Council

FETAC is a National Awarding Body for further education and training in Ireland. It gives people the opportunity to gain recognition for learning in education. FETAC wishes to make quality awards in accordance with national standards within the national framework creating opportunity for all learners in further education and training.

The National Adult Literacy Agency

NALA is an independent membership organisation concerned developing policy, advocacy, research and offering advisory services in adult literacy work in Ireland. NALA has campaigned for the recognition of and response to the adult literacy issue in Ireland.

14 County Council Offices

The North Cork County Council Divisional Office is

based in Anabella, Mallow, Co. Cork Tel: 022-21123

County Hall Tel: 021-4276891 Motor Tax Tel: 21-4544566 Kanturk Tel: 029-50040

Kanturk Sewerage Tel: 029-50844

Millstreet Tel: 029-70026

Newmarket Tel: 029-60018

Scarteen, (Water) Newmarket Tel: 029-60238

Librarys

Tel: 029-51384 Kanturk Millstreet Tel: 029-70026 Newmarket Tel: 029- 61090

Mobile Library

The mobile library service plays a key role in developing a library service to isolated communities, those with limited access to transport, people with disabilities and young people with local communities. If you want to know where mobile library stops near you contact with phone enquiries office at 021/454 64 99.

Environmental Issues

Millstreet Recycling Centre

Station Road, Millstreet, Co. Cork Tel: 029-30971 Fax: 029-30966 www.corkcoco.ie

Opening hours: Sun/Mon: Closed: Tues/ Wed: 9.00-5.30: Thurs/Fri:10.00-7.30: Sat: 10.00-5.00. It is the first large scale "drive-in" recycling centre in Northern Division of Cork County Council.

Cork County Council

Waste and Recycling Collection Service

Tel: 022-21123/022-30486 www.corkcoco.ie pbwnorth@corkcoco.ie

Kanturk Recycling Centre

Kanturk, Co. Cork Opening August/September 2008.

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BUS Bus Éireann

Parnell Pl., Cork Tel: 021-4508188 www.cie.ie www.buseireann.ie

Rail www.irishrail.ie

It provides a commuter service to Tralee and also feeds into the commuter service to Cork, Mallow and Dublin.

Banteer Station Tel: 029-56004 Millstreet Station Tel: 029-70096 Rathmore Station Tel: 064-58006 Mallow Station Tel: 022-21120

Duhallow Area Rural Transport (D.A.R.T.)

IRD Duahllow

lames O'Keeffe Institute, Newmarket Tel: 029-606 48

DART is providing an integrated, accessible and affordable public



transport system that links individuals living in rural communities with local services and facilities

Airports

Cork Tel: 021-4313131 www.corkairport.com

Kerry Tel: 060-9764644 www.kerryairport.ie

Shannon Tel: 061-712000 www.shannonairport.com

Catholic Parishes

Brien, Rev. Declan, C.C. Donoughmore. Co. Cork Tel: 02 I-7337022

Buckley, V. Rev. Denis, P.P., Donoughmore, Tel:021-7337023

Campbell, Rev. Michael, C.C., Kilbrin, Co. Cork.Tel: 022-48169

Dorgan., V. Rev. Michael, P.P. Castlemagner, Co.Cork Tel: 022-27600

Casey, V. Rev. Cornelius, P.E., Rathcoole, Donoughmore, Co. Cork. Tel: 021-7337484

O'Ryan, Rev. John, C.C., Freemount, Co. Cork Tel: 022-28788

Winter, V. Rev. William, P.P., Banteer, Co. Cork.Tel: 029-56010

Terry, V. Rev. Canon John, P.P., V.F., Parochial House, Kanturk, Co. Cork. Tel: 029-50192 jterry@eircom.net

Linehan., Rev. Patrick, C.C., Kanturk, Co. Cork.Tel: 029-50061

McCarthy, Rev. Eamonn, C.C. Kanturk, Co. Cork Tel: 02950136

Cronin, V. Rev. Anthony, P.P., Newmarket, Tel: 029-60605

McCarthy, Rev. Patrick, Newmarket, Co. Cork. Mobile: 086-3831621

Wrixon, V. Rev. Brendan, P.E., Curraduff, Newmarket, Co. Cork.

Herlihy, Rev. David, P.P., Meelin, Newmarket, Tel: 029-68007 e-mail: herlihyda@eircom.net

Hanafin. Very Rev. Seán, P.P., The Presbytery, Dromagh, Co. Cork, Tel: 029-78096

Manning, Very Rev. Michael, P.P., The Presbytery, Millstreet, Co. Cork. Tel: 029-70043

Tarrant, Rev. Joseph, C.C., The Presbytery, Millstreet. Tel: 029-71313

O'Leary, Rev. Gerard, C.C., The Presbytery, Cullen, Mallow, Co. Cork. Tel: 029-79028

Kennelly, Very Rev. lim. P.P., The Presbytery, Boherbue Tel: 029-76038

McCarthy, Very Rev Pat., P.P., The Presbytery, Ballydesmond, Mallow, Co. Cork, Tel: 064-51104

Buckley, Rev. Con, C.C., The Presbytery, Knocknagree, Co. Cork, Tel: 064-56029

Browne, Very Rev. James, C.C., The Presbytery, Gneeveguilla, Co. Kerry, Tel: 064-56188

Kelly, Very Rev Larry, P.P., The Presbytery, Rathmore, Co. Kerry, Tel: 064-58026

O' Mahony, P.P., Very Rev. Denis, The Presbytery, Castleisland, Co. Kerry, Tel: 066-7141241

Moynihan, Rev. Michael, C.C., The Presbytery, Castleisland, Co. Kerry, Tel: 066-7141241

Immigration Issues

IRD Duballow

lames O'Keeffe Institute, Newmarket Tel: 029-60633

The organisation involved in Community Development and in working towards a more equal and inclusive society.

Garda Immigration Officer

Contact person: John Fuller Tel: 029-20680

Ethnic and Liaison Officer

Contact person: David Woods Tel: 029-70426

Millstreet, Rathmore, Knockangree area.

Emigrant Advice

I Cathedral Street, Dublin I Tel: 01 873 2844/01 872 6171

www.emigrantadvice.ie Non-governmental organisation that has information services for new residents

Immigrant Council of Ireland

2 Andrew St., Dublin I Tel: 01-6740200

Immigrant Council of Ireland promotes the rights of immigrants through information, awareness and advocacy.

Migrant Rights Centre Ireland

55 Parnell Square West, Dublin I Tel: 01-8897570

It provides direct support to migrant workers and their families throughout Ireland

Equality Authority

2 Clonmel St., Dublin 2 Tel: 01-4173333

www.egualiy.ie

It provides assistance to people who consider they have been discriminated against in employment and in access to services.

NCCRI/ National Consultative Committee on Racism and Interculturalism

Third Floor, Jervis House lervis Street, Dublin I Tel: 01 858 8000

www.nccri.ie

It seeks to provide advice and to develop initiatives to combat racism and to work towards a more inclusive and intercultural society in Ireland.

Department of Justice. **Equality and Law Reform**

Immigration Division, 13-14 Burgh Quay, Dublin Tel: 01-6167700

Government Department responsible for immigration matters in Ireland.

Department of Foreign Affairs

80 St. Stephen's Green, Dublin Tel: 01-4780822

Government Department responsible for visa's and family re-unification.

Department of Enterprise, **Trade and Employment**

23 Kildare Street, Dublin 2

Tel: 1890-220222

Government Department responsible for work permits, green cards.

FOR FURTHER INFORMATION CONTACT



1.R.D. Duhallow

James O'Keeffe Institute

Newmarket

Co. Cork

T: (029) 60633

F: (029) 60694

E: duhallow@eircom.net







I.R.D. Duhallow Led