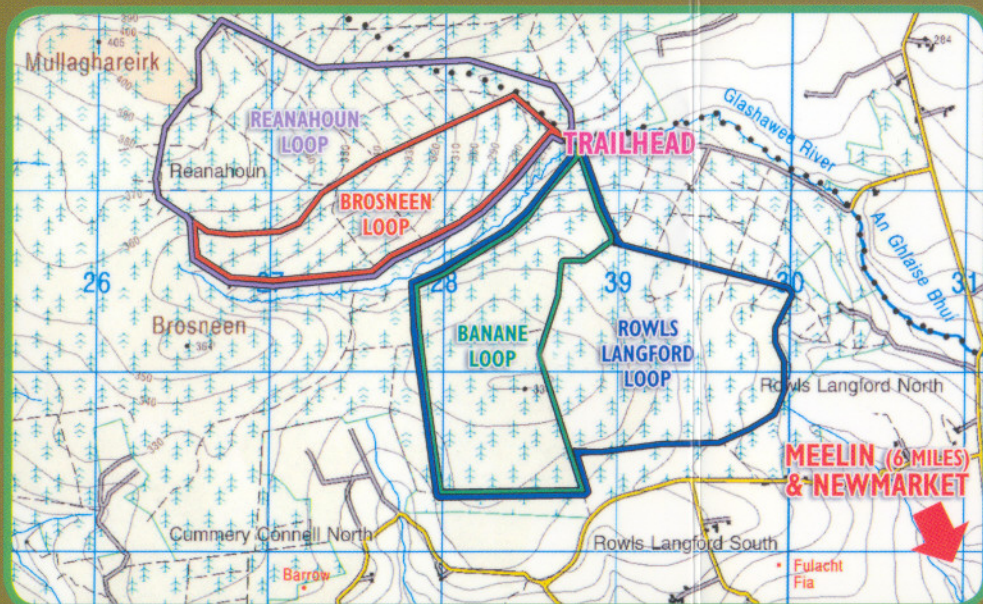




# Mullaghareirk Mountains



**LOCATION:** Mullaghareirk Mountains are located north of Meelin. They can be accessed via Newmarket by taking the R578 for Charleville and taking a left turn at Mountkeeffe Cross for Meelin. Passing through Meelin village turn right heading for Rowls and Broadford. After approx 6miles turn left for the trailhead.

**TRAILHEAD:** The Trailhead is located in Mullaghareirk Forest. There is room for 10-12 cars. Nearest shops are in Meelin (6miles). Nearest services (toilets, shops, restaurant, etc) are available in Newmarket (9miles).

**LOOPS DESCRIPTION:** All four loops start from the trailhead at the entrance to forestry in the valley of the Glashawee River near Mullaghareirk. The loops are arranged in pairs - the green and blue circle Banane Hill, the red and purple take the walker onto the shoulder of Mullaghareirk.

The first kilometre of the green and blue loops take the walker along the south of the Glashawee River before turning south for another 1km. Reaching a T-junction of tracks the loops turn left and head west for 500m after which they both swing sharp left facing north again. After 100m, the loops separate - the green continues straight for the 1.5km back to the trailhead, while the blue turns right and sweeps around Rowls Langford North. Both loops rejoin 500m from the trailhead.

The red and purple loops start out on forestry track to the right of the mapboard. After crossing the Glashawee River they proceed straight at a 3-way junction - just 50m before turning left onto a forestry track. For over 2km the walker is taken along the north side of the river to reach a 3-way junction where the loops diverge. The red loop turns right and after 2.5km regains the river. The more challenging purple loop turns left and ascends along a mix of forestry and grassy tracks to reach the highest point (400m) close to the summit of Mullaghareirk - from here it makes a 3km descent to the river where it rejoins the red loop for the last 100m back to the trailhead.

## WALK A: Green - Banane Loop

Theme	Nature
Terrain	Forestry Tracks
Distance/Difficulty	5km / Easy
High Point/Ascent	330m/80m
Duration	1hr - 1hr30mins
Minimum Gear	Trekking Shoes, Raingear

## WALK B: Blue - Rowls Langford Loop

Theme	Nature
Terrain	Forestry Tracks
Distance/Difficulty	7km / Easy
High Point/Ascent	330m/120m
Duration	1hr30mins - 2hrs
Minimum Gear	Trekking Shoes, Raingear, Fluid

## WALK C: Red - Brosneen Loop

Theme	Nature
Terrain	Forestry Tracks
Distance/Difficulty	5km / Easy
High Point/Ascent	360m/100m
Duration	1hr - 1hr30mins
Minimum Gear	Trekking Shoes, Raingear

## WALK D: Purple - Reanahoun Loop

Theme	Nature
Terrain	Forestry Tracks
Distance/Difficulty	7km / Moderate
High Point/Ascent	400m/160m
Duration	1hr30mins - 2hrs
Minimum Gear	Trekking Shoes, Raingear, Fluid

PLEASE NOTE that sections of the loop walks may be closed at certain times during the year in order to allow Coillte to carry out any necessary work.

