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Youth & Education Working Group

IRD Duhallow Afterschool Service operates from 2pm to 6pm for any primary school children in Duhallow. However, the service offers transport only from Newmarket Boys and Girls National school. A warm nutritious home cooked dinner is provided along with homework support daily. IRD Duhallow offers a tiered pricing system allowing families in receipt of a social welfare payment or medical card to receive a reduction in price. Parents also have the flexibility of sending their children for the whole week or a daily as they wish. **For further details contact Stephanie at 029-60633 or email newmarketafterschools@irdduhallow.com**

IRD Duhallow Literacy Support Programme - IRD Duhallow offers a literacy support programme for Primary School children with Dyslexia and Dyspraxia, consisting of two strands: Literacy Workshops and TTRS.

IRD Duhallow Numeracy Support Programme - We are piloting a new initiative offering a numeracy support programme for Primary School children struggling with Maths. Subsidies are available for those in receipt of a welfare payment or who hold a medical card. **To register contact Louise at 029-60633 / email louise.bourke@irdduhallow.com**

IRD Duhallow is hosting a seminar on financial supports available for students considering Third Level Education.

On **Tuesday 19th of February at 7.00pm** in the **James O'Keeffe Institute, Newmarket**. Speakers on the night will include Nuala O'Sullivan from Citizens Information who will speak on SUSI, Ireland's single national awarding authority for all higher and further education grants. Student grants are divided into maintenance grants, fee grants and the postgraduate contribution. The grant is available for eligible students in approved full-time Third Level education in Ireland. SUSI offers support to all types of students, from Undergraduate to Postgraduate Students and PLC Students. UCC will also be in attendance to speak on the HEAR grant scheme. Spaces are limited so booking is essential. **For further details or booking contact Jacinta on 029-60633 / e-mail jacinta.carroll@irdduhallow.com.**

Resilient Youth (ReY) This Youth Initiative aims to support young people aged 15-24 years who are not in education, employment or training through participation on a part-time programme offering a range of pre-employment training supports, mentoring, group development and skills based training. Where possible, training will be based on the young person's needs, capacity and aspirations ranging from unaccredited introductory courses to minor accredited modules. Young people will be supported to complete their driver theory test and will receive 3 free driving lessons as this has been identified as a major barrier for young people in their pursuit of employment. **For further information or to register please contact Jennifer or Jacinta on 029-60633.**

Cork 13th Scout Den Appeal - The Cork 13th Scouts are based in Kanturk for almost 40 years. With members from Kanturk, Boherbue, Lismire, Kilbrin, Newmarket, Meelin, Lyre, Banteer etc. The Scouts cater for 3 age groups: Beavers aged 6 to 8 years on Thursday at 6.30pm; Cubs aged 9 to 11 years on Tuesday at 6.30pm and Scouts aged 12 to 15 years on Friday at 7.30pm. Each group has weekly activities and is run by local adult volunteer leaders. With plans for Venturers from 15 to 17 years. Due to the growing interest and increased membership, the Scouts are seeking a new home (Scout Den) for their meetings. Ideally they are looking for a facility that they could make their own. In terms of size a structure in the region of 30 Meters by 10 metres, with storage for some club equipment and a bit of ground beside it would be great for outdoor activities. They are open to exploring any options available. **Please consider this appeal in your locality, contact frankmulcahy@gmail.com with suggestions or if you have any queries.**

Agriculture working Group

Allow Project EIP - IRD Duhallow are happy to confirm the launch of the **Duhallow Farming for Blue Dot** Catchments - Allow Project. IRD Duhallow was selected by the Dept. of Agriculture, Food and the Marine to implement a new €1.47million European Innovation Partnership for Agriculture Productivity and Sustainability (EIP-Agri). This initiative will be focused on the implementation of innovative and cost effective farm actions aimed at protecting and restoring the high ecological status of water bodies in the Allow River catchment. Engaging closely with the farming community in the Allow River catchment, the project will employ a results based payment scheme. Participating farmers are rewarded for the actions they take to enhance river habitats and reduce the pressures of agriculture on the freshwater environment. We are hoping that up to 100 farms will benefit in this EIP through opt-in process. We hope to make contact with as many of the farmers in the Allow catchment as possible, as it is with their knowledge and insight that the best possible project can be designed and implemented. **If you are farming land adjacent to the Allow River and are interested in participating in the Allow Project, contact 029-60633 or e-mail darren.reidy@irdduhallow.com or allan.mee@irdduhallow.com**

A half-day course in **Good Agricultural & Collection Practices (GACP) for medicinal crops** will be held on **8th February** as part of our work on SICAP Labour activation. **If you are interested in participating in this course please contact Ellen at 029-60633.**

IRD Duhallow and Duhallow Beekeepers Association intend to run a **beekeeping for beginners course** in early Spring. The Duhallow beekeepers Association is currently accepting **applications for new members**. **For further information please contact Ellen on 029-60633.**

IRD Duhallow Grow it Yourself (GIY) group Are you interested in growing your own food and sharing ideas with likeminded people? **If you would like to join this group, please contact Ellen or Rachel for further information at 029-60633.**

SPECIAL POINTS OF INTEREST

QQI LEVEL 5 IN HORTICULTURE

ALLOW PROJECT EIP

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Community Development Working Group

LEADER News — LEADER Closed Call

IRD Duhallow on behalf of the south Cork LAG is seeking expressions of interest for LEADER funding from Businesses in IRD Duhallow's South Cork Area (which encompasses: Macroom, Clondrohid, Inchigeelagh, Carriganima, Ballinagree, Aghabullogue, Rylane and Donoughmore). This call involves a competitive process for EOIs which relate specifically to **Enterprise Projects and support Economic Development**.

Total Call Budget: €20,000 Max Funding Available per Project: €20,000

Closing date for receipt of EOIs: 8th March 2019.

Enquiries to louise.bourke@irdduhallow.com / 029-60633.

IRD Duhallow Warmer Homes Scheme

A well insulated home can cut fuel bills by over 50% and reduce carbon emissions.

If you are in receipt of any **one** of the following payments you will be eligible to receive insulation services **free of charge**; Fuel Allowance, Working Family Payment, Domiciliary Care Allowance, Care Allowance, One Parent Family Payment, Jobseekers Allowance for more than 6 months & have a child under 7 years of age.

Houses must be owner occupied and constructed before 2006.

Additional Measures have been added to the Better Energy Warmer Homes Scheme which include; Attic Insulation, Cavity Wall Insulation, External Wall Insulation, Internal Wall Insulation, Boiler Upgrade, Window Replacement, Lagging jackets, draught proofing and energy efficient lighting.

** Due to high demand, SEAI has decided that houses that have already received an upgrade under the Better Energy Warmer Homes Scheme will not be eligible for further works. To apply, please contact Colm or Eileen on 029-60633 or email whs@irdduhallow.com*

Duhallow REVAMP.... Remarkable Quality

REVAMP is proud to be the first in Ireland to be awarded the Remark, Ireland's Reuse Quality Standard of Excellence. We thrive to deliver high quality reused furniture and with the Remark, you can be sure that we achieve the highest standards possible.

Do not miss out on our unbeatable value again this month on suites and sofas, wardrobes, tables and chairs, bedside lockers and more. Our collection and delivery service is there for your convenience and there is a discount available for individuals in receipt of a social welfare payment! Visit our showroom, opened Monday to Friday, 9am to 5.30pm.

We gratefully accept donations of unwanted, reusable furniture and household items including chairs, sofas, tables, lockers, chest of drawers, mirrors, wardrobes, shelving, curtains, fabric, etc.

If you have a piece of furniture in need of some attention, you can avail of our restoration and upholstery service. **For more details please contact Colm at 029-60633, email: revamp@irdduhallow.com or visit us on Facebook: Duhallow Furniture Revamp.**

Finalists: PAKMAN Awards 2018—Excellence in Waste Management and Recycling



"The Social Inclusion and Community Activation Programme (SICAP) 2018-2022 is funded by the Irish Government through the Department of Rural and Community Development and co-funded by the European Social Fund under the Programme for Employability, Inclusion and Learning (PEIL) 2014-2020"

Duhallow Community Laundry at the James O'Keeffe Institute, Newmarket, assists the elderly, low income households and carers with washing and drying clothes, bed linen and towels. Laundry can be dropped into Duhallow Community Laundry, Monday to Friday from 9.00am to 5.30pm. We also provide a free collection and delivery service to households who may have transport difficulties. **For further details contact 029-60633.**

Duhallow Community Food Services provides a home delivery meal service. Meals can be booked on a long or short term basis. Dinner and Dessert cost €6.00 per day, delivered to your door. We also provide a wide range of hot or cold dishes for any event such as Special Occasions and Functions. Our restaurant is open Monday –Friday from 9.30-6pm and Saturdays from 10-4pm. The restaurant includes a full deli, as well as hot food and senior citizens can avail of their €6 meal from 12.30-2pm daily. Full bakery service is also available with plenty delectable cakes and desserts. Check out our Facebook page <https://www.facebook.com/duhallowcommunityfoodservices/> **For further information on our services please contact Orlaith at 029-76375 or email duhallowfoods@eircom.net**

Duhallow Arenas (Situated adjacent to the James O'Keeffe Inst. Newmarket) are available to hire for all equestrian related events at a rate of €20 per hour. Become a key holder for €180 annually, which will allow full access to the arenas. **For further information contact Louise on 029-60633.**

Enterprise Working Group

Duhallow Skillnet is accepting enrolments for a wide selection of training courses. Please visit www.irdduhallow.com/upcoming events to book online or email duhallowskillnet@irdduhallow.com or for enquiries contact 029-60633.

Course Title	Venue	Start Date	Time	Price Per Trainee	Duration
Start Your Own Business	James O'Keeffe Inst.	6 th Feb	6.30-9.30pm	€25	6 Evenings
Training Delivery & Evaluation	James O'Keeffe Inst.	19 th Feb	9.30am – 5.30pm	€350	4 Days
Sugar Craft	James O'Keeffe Inst.	6 th March	7pm – 9pm	€120 all materials incl.	6 Evenings
Intermediate Excel	James O'Keeffe Inst.	13 th March	9.30am – 5.30pm	€100	1 Day
Advanced Excel	James O'Keeffe Inst.	17 th April	9.30am – 5.30pm	€100	1 Day

Duhallow Mentoring Programme - Thinking of starting up a business? Then why not avail of advice and guidance from the mentors on the IRD Duhallow mentor panel. The programme is open to start up or existing businesses within Duhallow. Receive independent advice and guidance from expert business consultants. Businesses can receive up to 10 hours one to one mentoring time with an experienced advisor and its entirely free!!! Visit: www.irdduhallow.com/duhallow-enterprise/mentoring or **Contact Louise at 029-60633 / louise.bourke@irdduhallow.com** .

Employment and Training Working Group

IRD Duhallow Job Centre

Are you looking for a New Job or Changing your Career? Do you need advice / support to get your career kick started? IRD Duhallow Job Centre provides a free & confidential recruitment service to job seekers. We know that finding a job can be sometimes difficult and as a job seeker we are here to help you avail of the many supports you need such as: one to one guidance with career planning, assistance with Cover Letters and CV's, Interview Preparation and up-skilling opportunities through further training. **For details, contact Jennifer or Jacinta on 029-60633.**

IRD Duhallow is seeking expressions of interest for a **Digital Photography** course and **Art class for beginners** as part of our work on Community Education and Lifelong Learning (SICAP). If you are interested in either of these courses please contact Ellen at 029- 60633.

Bursaries available for Adult & Second Chance Education: Limited funding available through the SICAP programme to facilitate access and entry to further and higher level education and training opportunities for adults who may not have had the previous opportunity to continue or complete their education. **For further information please contact Ellen at 029-60633.**

Local Training Initiative: Horticulture

Following on from the success of our QQI Level 4 in Horticulture, IRD Duhallow is inviting expressions of interest for a QQI Level 5 in Horticulture for Spring 2019. This Local Training Initiative in Horticulture is a full time, 44 week programme where participants will gain the skills necessary to grow their own produce, learn landscaping techniques and much more. **To register your interest or find out more please contact Rachel or Ellen at 029-60633.**

SKILLS SURVEY FOR KERRY

www.kerrycoco.ie/skills-survey

Kerry County Council, in association with key stakeholders, **has launched a survey of the skills of people in Kerry which will assist in targeting investment and employment for the county.** The online survey is being targeted at everyone living in Kerry, as well as those thinking about relocating to the county, those planning to set up a business in Kerry, and graduates planning to work in the county. Please complete the survey at www.kerrycoco.ie/skills-survey

Equality Working Group

PEIL - Duhallow Work Opportunities for Women

IRD Duhallow has been awarded funding through the **Department of Justice and Equality supporting ESF PEIL Gender Equality – Women Returning to the Workforce. This Measure is supported by the European Social Fund (ESF).** This grant will support women in order to assist their return to the labour market.

This programme will be primarily targeted at women who are: engaged in home duties; newly unemployed not on the live register; may have left the workforce but are now preparing to return to employment; Women parenting alone; Women with disabilities; Carers and Migrant Women. IRD Duhallow is seeking expressions of interest for the following upcoming courses including: First Aid; Patient Moving and Handling; ECDL Start; Palliative Care QQI Level 5; Childminding Practices QQI Level 5; Intellectual Disability Studies QQI Level 5 and Personal Development.

For further details on the PEIL Prog. contact Jacinta on 029-60633 or e-mail jacinta.carroll@irdduhallow.com or visit www.irdduhallow.com his project is part supported by the Irish Government and European Social Fund (ESF) Fund 2014-2020 as part of the Programme for Employability, Inclusion and Learning (PEIL) 2014-2020.

Ability Programme 2018-2021 - The Ability Programme aims to support young people with disabilities (15-29 years of age) to improve their employability through a range of person-centred supports. It is proposed that participants on the Ability Programme will be supported with tailored training and career guidance support. Training will include the development of soft skills, confidence, communication, self-awareness, life-skills/personal development. A focus will be placed on work preparation training for young people with disabilities including job search strategies. Existing linkages on the ground with local employers will be utilised to facilitate supported work sampling, work experience placements, work shadowing, volunteer placements and place and train schemes. For the purpose of the Ability Programme, people with disabilities refers to people with physical or sensory disabilities, mental health conditions, acquired disabilities, intellectual disabilities, hidden disabilities and people on the autistic spectrum. In order to qualify for support, Ability participants must also be: **in receipt of disability allowance or invalidity pension; or in receipt of illness benefit for more than three months; or other referrals may be accepted on a case-by-case basis.** Referrals from GPs and mainstream schools are not eligible.

For further information or to register please contact Triona or Jacinta on 029-60633.

“Ability is co-financed by the Irish Government and the European Social Fund as part of the ESF Programme for Employability, Inclusion and Learning 2014-2020.”

Coderdojo Volunteers - IRD Duhallow holds a weekly Coderdojo Club for young people aged 7-13 years.

Coderdojo is a global movement helping children to learn how to code, develop apps, games, websites and much more. Through Coderdojo children learn important skills that will benefit them in the future specifically within the software development industry. We are currently seeking volunteers who may have a background in IT and are interested in assisting with the coding sessions. **If you're interested in volunteering, please contact Jacinta on 029-6633 or e-mail jacinta.carroll@irdduhallow.com**

Senior Alert Scheme - Personal Monitored Alarm IRD Duhallow delivers the Seniors Alert Scheme in Cork and Kerry. It enables older persons (65yrs+) to continue to live securely in their homes by providing them with a **free personal monitored alarm and pendant.** The alarm is supplied and installed free of charge with one year's monitoring. **To apply, contact 029-60633 or email whs@irdduhallow.com**

Citizen Information Duhallow Outreach Service takes place at The Temperance Hall, Kanturk (next to the Alley Bar) every Thursday from 10am to 12:30pm and we look forward to welcoming you. Citizen Information provide access to accurate comprehensive and clear information relating to all your rights and entitlements in a warm welcoming atmosphere. We look forward to meeting you. Any questions please give us a call on **076-1078000.**

ALCOHOLICS ANONYMOUS - Closed meeting of Alcoholics Anonymous is held in the James O'Keeffe Institute, Newmarket every Sunday Morning at 11.30am and Thursday at 8.30pm.

AI ANON If you're affected by somebody else's drinking, come and hear the experience of others at the James O'Keeffe Institute, Newmarket, every Thursday night at 8.30pm or to the Health Centre in Millstreet on Sunday nights 6pm wintertime.

Emotional Support Service IRD Duhallow is offering a One to One Integrative Counselling service. This service is being offered by Mature Student Counsellors, working towards their accreditation, and is free of charge. **If you would like to make an appointment or have any further enquiries please contact Aoife on 087-1179990.**