



Discover Duballow

YOUR LOCAL COMMUNITY NEWS SHARED WITHIN DUHALLOW

COVID-19 VOLUNTEER HELPERS IN YOUR AREA: PAGES 2&3

GETTING BACK TO NATURE



Introduction to birdwatching

With nowhere to go, why not get back to nature?

In this issue of Discover Duhallow, we present a wide selection of birds you might spot from your window or garden – including the admittedly elusive Hen Harrier seen oppposite. In coming issues we will provide more details on each type of bird featured, spotlighting four at a time. In the meantime, now's your chance to get familiar with what they look like – and get spotting!

■ See pages 12 & 13



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